



Waterford School District—Elementary

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Meal Prices	
Breakfast	\$ 1.50
Super (Add a 2nd Entrée)	\$.75
Lunch	\$ 2.50
Super (Add a 2nd Entrée)	\$ 1.25
Milk *	\$.50

MEALS ARE PRE-ORDERED

Look for WG = Whole Grain

Friday is Cookie Day
 .60 for a cookie
 \$1.00 for Milk and a Cookie

Menus are subject to change without Notice

WSD Food & Nutrition Services Help Desk

Questions: 248-682-0394 or BradyR01@wsdmi.org

Deposits & Account Info: www.sendmoneytoschool.com

Visit our Website:

waterford.k12.mi.us/foodservice

Nutrition Info: click on Nutrition Guide

Monthly Menus & Price Schedule: click on Menus & Pricing

Questions regarding account transactions should reach us within 60 days of transaction.

Please make checks payable to: WSD – Food Services.
 Return check fee is \$25.00 per item

Note: In the event that school is canceled, the menu choice from the first day that school was canceled will be served on the returning day except for Fri & Mon which remain the same

Monday, Jan 2

No School Today
 See you Tomorrow



Tuesday, Jan 3

Brunch for Lunch

1. Whole Grain Pancakes
2. Whole Grain Waffles
3. Chef Salad & Roll

*Applesauce
 Sunbutter
 Celery Sticks
 1% or Skim Milk*

Breakfast

Yogurt
 Skim Milk Cheese Stick
 Apple or Apple Juice
 1% or Skim Milk

Wednesday, Jan 4

1. WG Golden Chicken Nuggets
- 2 Sailor Salad

*WG Golden Crackers
 Romaine Salad
 Sidekick Slushies
 1% or Skim Milk*

Breakfast

Bagel &
 Lite Cream Cheese
 Raisins
 1% or Skim Milk

Thursday, Jan 5

ENVELOPES COLLECTED

1. WG Bosco Bread Stick & Yogurt
- 2.WG Chili Mac
- 3.Romaine Chickpea Salad & WG Roll

*Fresh Broccoli
 Pineapple Tidbits
 1% or Skim Milk*

Breakfast

WG Benefit Bar
 Fruit Juice
 1% or Skim Milk

Friday, Jan 6

ENVELOPES COLLECTED

- 1.Real Pizzeria Pizza
2. WG Grilled Cheese
3. Chef Salad & WG Grahams

*Baby Carrots
 Pears
 1% or Skim Milk*

Breakfast

Apple Cinnamon Muffin
 Skim Milk Cheese Stick
 Fruit Juice
 1% or Skim Milk

Monday, Jan 9

1. Popcorn Chicken
- 2.Sweet & Sour Chicken
- 3.Chef Salad

*Whole Grain Roll
 Steamed Broccoli & Cheese
 Mandarin Oranges
 1% or Skim Milk*

Breakfast

WG Waffle
 Raisins
 1% or Skim Milk

Tuesday, Jan 10

1. WG Macaroni & Cheese
2. WG Hawaiian Roll-up Sandwich
- 3.Chef Salad & WG Roll

*Rainbow Cole Slaw
 Watermelon Slice
 1% or Skim Milk*

Breakfast

WG Poptart
 Fruit Juice
 1% or Skim Milk

Wednesday, Jan 11

Half Day Class Act

*Jimmy Johns Turkey Sub
 Baby Carrots
 Fun Fruit Twist
 1% or Skim Milk*

Breakfast

Bagel &
 Lite Cream Cheese
 Fruit Juice
 1% or Skim Milk

Thursday, Jan 12

ENVELOPES COLLECTED

1. Mini Corn Dogs
2. Beanie Weenies & WG Grahams
3. Chicken Caesar Salad & WG Grahams

*Cucumber Slices
 Fruit Cocktail
 1% or Skim Milk*

Breakfast

WG Frudel
 Apple or Apple Juice
 1% or Skim Milk

Friday, Jan 13

ENVELOPES COLLECTED

- 1.Real Pizzeria Pizza
- 2.WG Tuna Roll-up
- 3.Romaine Chickpea Salad & WG Roll

*Romaine Salad
 Peaches
 1% or Skim Milk*

Breakfast

Blueberry Muffin
 Skim Milk Cheese Stick
 Fruit Juice
 1% or Skim Milk



MyTrackerTray Tuesdays:

January 10

*Snow White
 Cauliflower*

January 17

*Beach Day
 No Snow!Bug Bites*

January 24

Snow Pea Pods

January 31

*Winter White Wheat
 Wonderland Treat*

Free and Reduced Applications

When submitting an application, parents **WILL BE CHARGED** for meals until the eligibility process is complete. (This could take several weeks)

APPLY AT WWW.LUNCHAPP.COM
 TO GREATLY SHORTEN PROCESSING TIME

Only one application per family is needed even if your children go to different schools.

ALL household members **MUST** be included on the application.
 If your child qualifies for free or reduced meals and they want a super breakfast or lunch, there will be an additional charge

Monday, Jan 16

Martin Luther King Day

No School
No Students
Today



Tuesday, Jan 17

BEACH DAY!

Sun Brunch for Lunch

1. Whole Grain Pancakes
2. Whole Grain Waffles
3. Chef Salad & Roll

*Celery Sticks & Sunbutter
Sidekicks Fruit Slushies
1% or Skim Milk*

Breakfast

WG Cereal Bar
Skim Milk Cheese Stick
Banana
1% or Skim Milk

Wednesday, Jan 18

1. Seasoned Beef & Bean Cheese Nacho
2. Sailor Salad & WG Roll

*Cucumber Slices
Peaches
1% or Skim Milk*

Breakfast

Bagel &
Lite Cream Cheese
Fruit Juice
1% or Skim Milk

Thursday, Jan 19

ENVELOPES COLLECTED

1. Chicken Dipper
2. Romaine Chickpea Salad

*Whole Grain Crackers
Sweet Tater Tots
Pears
1% or Skim Milk*

Breakfast

WG Benefit Bar
Raisins
1% or Skim Milk

Friday, Jan 20

ENVELOPES COLLECTED

1. Real Pizzeria Pizza
2. WG Grilled Cheese
3. Chef Salad & WG Roll

*Carrots
Apple
1% or Skim Milk*

Breakfast

Assorted Muffins
Skim Milk Cheese Stick
Fruit Juice
1% or Skim Milk

BEACH PARTY!
JAN 17, 2012

BEACH BEATS, EATS 'N TREATS
FEATURING:

- SLAMMIN' SUMMER JAMS
- SMILES, FUN & SUN PROVIDED
- PICNIC LUNCH ON MENU
- BRING YOUR BEACH BLANKET OR TOWEL
- A WHOLE GRAIN TREAT FOR EVERY STUDENT
- A CHANCE TO WIN A POOL DAY FOR 4!

TO YOUR CHOICE OF THE
MHS OR KHS POOL & FITNESS CENTER

Monday, Jan 23

Breakfast for Lunch

1. WG French Toast Sticks w/Scrambled Eggs
2. WG Cereal w/Scrambled Eggs
3. Chef Salad & WG Roll

*Hash Brown Potatoes
Orange Juice
1% or Skim Milk*

Breakfast

WG Frudel
Fruit Juice
1% or Skim Milk

Tuesday, Jan 24

1. WG Soft Shell Beef Taco
2. WG Vegetarian Chili Cheese Burrito
3. Chef Salad & WG Roll

*Refried Beans & Cheese
Diced Pears
1% or Skim Milk*

Breakfast

WG Pancakes
Apple or Apple Juice
1% or Skim Milk

Wednesday, Jan 25

1. WG Pasta w/Meat Sauce
2. Beef Ravioli
3. Chef Salad & WG Roll

*Whole Grain Crackers
Fresh Broccoli
Peaches
1% or Skim Milk*

Breakfast

Bagel &
Lite Cream Cheese
Fruit Juice
1% or Skim Milk

Thursday, Jan 26

ENVELOPES COLLECTED

1. Real Pizzeria Pizza
2. WG Tuna Roll Up
3. Romaine Chickpea Salad & WG Roll

*Romaine Salad
Fruit Cocktail
1% or Skim Milk*

Breakfast

WG Cereal Bar
Fruit Juice
Skim Milk Cheese Stick
1% or Skim Milk

Friday, Jan 27

ENVELOPES COLLECTED

Half Day Class Act

*Jimmy Johns Turkey Sub
Baby Carrots
Flavored Applesauce
1% or Skim Milk*

Breakfast

Apple Cinnamon Muffin
Skim Milk Cheese Stick
Fruit Juice
1% or Skim Milk

NEW!
WSDepot Café Salad Bar
January 31, 2012

Includes:
Romaine Lettuce Mix, Diced Turkey, Diced Turkey Ham, Shredded Cheese, Chickpeas, Broccoli, Shredded Carrots, Tomatoes, Cucumbers, Croutons

MUST BE PRE-ORDERED
Pick Choice #3 on the order envelope

Monday, Jan 30

1. Chick-n-Dips
2. Sloppy Joe
3. Chicken Caesar Salad

*Whole Grain Roll
Broccoli Raisin Salad
Pineapple Tidbits
1% or Skim Milk*

Breakfast

WG Cinnamon Waffle
Raisins
1% or Skim Milk

Tuesday, Jan 31

1. Pizza Bagel
2. Fiestada
3. New!

SALAD BAR
& WG Roll

*Carrots
Grapes
1% or Skim Milk*

Breakfast

Kellogg's WG Cereal
Graham Crackers
Fruit Juice
1% or Skim Milk

Wednesday, Feb. 1

Half Day Class Act

*Jimmy Johns Turkey Sub
Baby Carrots
Fun Fruit Twist
1% or Skim Milk*

Breakfast

Bagel &
Lite Cream Cheese
Fruit Juice
1% or Skim Milk

Thursday, Feb 2

ENVELOPES COLLECTED

1. Chicken Drum Stick & WG Grahams
 2. Beef Ribette Sandwich
 3. Chicken Caesar Salad & Wheat Grahams
- Baked Beans
Pears
1% or Skim Milk*

Breakfast

WG Oatmeal Raisin
Benefit Bar
Apple or Apple Juice
1% or Skim Milk

Friday, Feb 3

ENVELOPES COLLECTED

1. Real Pizzeria Pizza
2. WG Grilled Cheese
3. Romaine Chickpea Salad w/WG Roll

*Romaine Salad
Apple
1% or Skim Milk*

Breakfast

Blue Berry Muffin
Skim Milk Cheese Stick
Fruit Juice
1% or Skim Milk

ALL ABOARD!
Getting Kids on the Right Track to Good Nutrition & Fitness at the WSDepot Cafés!

- All cereals are low sugar
- All Juices are 100% fruit juice
- All our food is baked-not fried
- Chick peas are offered with salads
- All our rolls & breads are whole grain
- All buns are whole grain/wheat or enriched
- Fresh Fruits, Veggies & Salads available everyday

HEALTHY CHOICES!