

June 2012 Elementary

Waterford School District



In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Family Market Day

Saturday, August 25, 2012

9:00am - 1:00pm

Oakland County Farmers Market,

2350 Pentice Lake Road, Waterford

At Family Market Day, you and your family can enjoy:

- Oakland County Parks and Recreation inflatables
- Music and activities
- Yoga
- Booths and exhibits
- Prizes and giveaways
- Free produce coupons for those who qualify
 - Bridge card
 - WIC clients



For information, call 248-858-8810 or visit our website at www.oakgov.com/healthy/initiatives/HOP

Meal Prices

Breakfast	\$ 1.50
Super (Add a 2nd Entrée)	\$.75
Lunch	\$ 2.50
Super (Add a 2nd Entrée)	\$ 1.25
Milk *	\$.50

NO SUPERS ON SACK LUNCHES

MEALS ARE PRE-ORDERED

Look for WG = Whole Grain

Friday is Cookie Day

.60 for a cookie

\$1.00 for Milk and a Cookie

WSD Food & Nutrition Services Help Desk

Questions: 248-682-0394 or BradyR01@wsdmi.org

Deposits & Account Info: www.sendmoneytoschool.com

Visit our Website:

waterford.k12.mi.us/foodservice

Nutrition Info: click on Nutrition Guide
Monthly Menus & Price Schedule: click on Menus & Pricing
Questions regarding account transactions should reach us within 60 days of transaction.

Please make checks payable to: WSD – Food Services.

Return check fee is \$25.00 per item

Note: In the event that school is canceled, the menu choice from the first day that school was canceled will be served on the returning day except for Fri & Mon which remain the same

Monday, June 4

1. Chicken Strips & WG Roll
2. WG Chicken Quesadilla
3. Chef Salad & WG Roll

*Fresh Broccoli
Pineapple Tidbits
1% or Skim Milk*

Breakfast

WG Pancakes
Apple or Apple Juice
1% or Skim Milk

Tuesday, June 5

Catch the Wave!

1. Hot Dog
2. Chili Dog
3. Fresh Choice Salad Bar & WG Roll

*Potato Smiles
Applesauce
1% or Skim Milk*

Breakfast

WG Cereal Bar
Skim Milk Cheese Stick
Banana
1% or Skim Milk

Wednesday, June 6

1. Seasoned Beef & Bean Cheese Nacho
2. Sailor Salad & WG Roll

*Cucumber Slices or
Celery Sticks
Peaches
1% or Skim Milk*

Breakfast

Bagel &
Lite Cream Cheese
Fruit Juice
1% or Skim Milk

Thursday, June 7

ENVELOPES COLLECTED

1. Chicken Dipper
2. Romaine Chickpea Salad

*Whole Grain Crackers
Sweet Tater Tots
Pears
1% or Skim Milk*

Breakfast

WG BeneFit Bar
Raisins
1% or Skim Milk

Friday, June 8

ENVELOPES COLLECTED

1. Real Pizzeria Pizza
2. WG Grilled Cheese
3. Chef Salad & WG Roll

*Carrots
Apple
1% or Skim Milk*

Breakfast

Assorted Muffins
Skim Milk Cheese Stick
Fruit Juice
1% or Skim Milk

Catch the wave!
Waves of Fun!
Waves of Fitness!
Waves of Good Nutrition!
Get lunch on June 5
Get a chance to win two passes to
Waterford Wave Pool!
We're making waves in your café!

Monday, June 11

1. WG Chicken Nuggets
3. Chef Salad

*Whole Grain Crackers
Fresh Broccoli
Peaches
1% or Skim Milk*

Breakfast

Yogurt
WG Grahams
Apple or Apple Juice
1% or Skim Milk

Tuesday, June 12

1. Mexican Bosco Stick
2. WG Vegetarian Chili Cheese Burrito
3. Chef Salad & WG Roll

*Refried Beans & Cheese
Pears
1% or Skim Milk*

Breakfast

WG Frudel
Fruit Juice
1% or Skim Milk

Wednesday, June 13

Sun Brunch for Lunch

1. WG Pancakes
2. WG Waffle
3. Chef Salad & WG Roll

*Sun Butter & Celery Sticks
Applesauce
1% or Skim Milk*

Breakfast

Bagel &
Lite Cream Cheese
Fruit Juice
1% or Skim Milk

Thursday, June 14

1. Real Pizzeria Pizza
2. WG Tuna Roll Up
3. Romaine Chickpea Salad & WG Roll

*Assorted Veggies
Assorted Fruits
1% or Skim Milk*

Breakfast

WG Cereal Bar
Fruit Juice
Skim Milk Cheese Stick
1% or Skim Milk

Friday, June 15

1/2 day of School

**Last day ..
See you next year!**

Breakfast

Cook's Choice
Raisins
1% or Skim Milk

Free and Reduced Applications

When submitting an application, parents **WILL BE CHARGED** for meals until the eligibility process is complete. (This could take several weeks)

APPLY AT WWW.LUNCHAPP.COM
TO GREATLY SHORTEN PROCESSING TIME

Only one application per family is needed even if your children go to different schools.

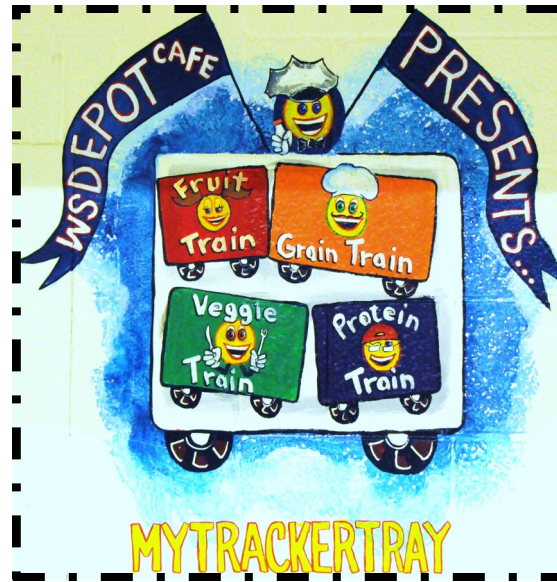
ALL household members MUST be included on the application.

If your child qualifies for free or reduced meals and they order a second entrée with breakfast or lunch, there will be an additional charge.

Healthy Hunger Free Kids Act
USDA New Nutrition Standards 2012/2013

What you will see on your child's Tracker Tray!

- **Even More Great Tasting Whole Grains**
- **Even More Veggie Choices**
- **Same Great Variety of Fresh Fruits & Veggies**
- **Even More Bean/Pea (Legume) Choices**
- **Fat Free Flavored Milk**
- **Same as ever 1% or Fat Free White Milk**
- **Lower Sodium**
- **New Recipes from Students and Parents**



Your WSDepot Café

has been ahead of the curve in the progressive healthy changes in child nutrition.

We thank you for and welcome more of your feedback, menu ideas and support as we work together to continually enhance our menus with healthy choices that will build a healthy student body!

Robert Brady

Bradvr01@wsdmi.org

Doreen Simonds

Simond01@wsdmi.org

Train a child up in the way they should go
& healthy in body and mind they will grow!

Welcome Aboard the WSDepot Dog

Diggin!

Diggin (Last Name: Diesel) was the winner of the WSDepot Dog contest!

Diggin will be the Conductor for

Tracker the New-Triton Train in our WSDepot Cafés!

Diggin will be visiting our schools to encourage students to dig in to good nutrition and to make sure they are diggin' fun & fitness!

Our K5 student body voted for the WSDepot Mascot and the following students were our doggone lucky winners!

Grand Prize Winner of the Wii Sport Resort System:

Sandburg: JUAN AGUILAR

Winners of the Fuel up for Fun in the Sun Packs:

Adams: Lilly Patterson

Beaumont: Sydney Hinze

Burt: Jalen Phlegm

Cooley: Madison Quail

Donelson Hills: Kennedy Pozzi Mondeau

Knudsen: Shawna Armstong

Haviland: Damian Forsyth Houghton: Tessa Gibson

Riverside: Dylan Clement

Schoolcraft: Danica Lauinger

Waterford Village: Chris Hartman

