



**Kettering
High School
November**

**Waterford
School
District**

MEAL PRICES

Breakfast: \$1.50
*Add 2nd Entrée for \$.75 more

Lunch: \$2.75
*Add 2nd Entrée for \$1.25 more

Every Wednesday
Original Tubby's Sub \$3.00

EVERY TUES-THURS-FRI
Build a Sandwich Deli Bar-\$3.00

Tues AND Thurs
Variety of Tex-Mex Items
available

WSD Food & Nutrition Services Help Desk

Questions: 248-682-0394 or BradyR01@wsdmi.org

Deposits & Account Info: www.sendmoneytoschool.com

Questions regarding account transactions should reach us within
60 days of transaction.

Visit our Website: waterford.k12.mi.us/foodservice
Nutrition Info: click on Nutrition Guide
Monthly Menus & Price Schedule: click on Menus & Pricing

Please make checks payable to: WSD – Food Services

Return check fee is \$25.00 per item

Menus subject to change without Notice

FRESH DAILY CHOICES

- in addition to menu items
- Fresh Made Assorted Sandwiches & Salads
 - Assorted Fresh Fruits and Vegetables
 - 1% or Skim Milk (8oz)
 - Whole Grain Rolls
- More healthy info:**
- Breads & Buns are Whole Wheat or Enriched
 - Whole Wheat Barilla Plus Pasta is standard
 - Garbanzo Beans available with salads
 - All cereals are low sugar
 - Pizza Choices: Vegetarian, Cheese, Chicken or Pepperoni
- Healthy breakfast choices available daily in café and by the bus drop doo*

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oct 31</p> <p>Asian Rice Bowls Sweet & Sour Chicken Almondless Boneless Chicken</p> <p>Rice Green Beans Mandarin Oranges Milk</p>	<p>Nov 1</p> <p>Chicken Hani Gyro</p> <p>Caesar Salad Grapes Milk</p>	<p>2</p> <p>Meat Ball Sub Mostaccioli & Roll</p> <p>Fresh Broccoli Pears Milk</p>	<p>3</p> <p>Foot Long Hot Dog w/Chili Chicken Poppers & Roll</p> <p>Tater Tots Peaches Milk</p>	<p>4</p> <p>Real Pizzeria Pizza Mini Corn Dogs</p> <p>Carrots Banana Milk</p>
<p>7</p> <p>Bosco Bread Sticks (2) Pasta w/Meat Sauce w/ Garlic Bread Stick</p> <p>Chef Salad Orange Wedges Milk</p>	<p>8</p> <p>Professional Development Day</p> <p>No Students Today</p>	<p>9</p> <p>Turkey & Gravy w/Roll Fiestada</p> <p>Whipped Potatoes Fruit Cocktail Milk</p>	<p>10</p> <p>Hamburger Cheeseburger Turkey Burger</p> <p>Cook's Choice Potatoes Grapes Milk</p>	<p>11</p> <p>Real Pizzeria Pizza Popcorn Chicken & Roll</p> <p>Tossed Salad Applesauce Milk</p>
<p>14</p> <p>Captain's Calzone Chicken Nuggets & Roll</p> <p>Whipped Potatoes & Gravy Peaches Milk</p>	<p>15</p> <p>Seasoned Beef & Bean Cheese Nachos Chicken Quesadilla</p> <p>Mexican Rice Corn Pears Milk</p>	<p>16</p> <p>Meatballs in Marinara & Roll Rib-B-Q Sandwich</p> <p>Cook's Special Potatoes Apple Milk</p>	<p>17</p> <p>Turkey Rueben South West or French Bread Pizza</p> <p>Caesar Salad Orange Milk</p>	<p>18</p> <p>Real Pizzeria Pizza Mini Corn Dogs</p> <p>Carrots Fruit Cocktail Milk</p>
<p>21</p> <p>Macaroni & Cheese Chili Mac & Wheat Crackers</p> <p>Steamed Broccoli Applesauce Milk</p>	<p>22</p> <p>Real Pizzeria Pizza Mini Corn Dogs</p> <p>Caesar Salad Fruit Cocktail Milk</p>			
<p>28</p> <p>Fiestada Pizza Burger</p> <p>Baked Beans Pears Milk</p>	<p>29</p> <p>Grilled Cheese Sandwich Baked Chicken Patty</p> <p>Tomato Soup Banana Milk</p>	<p>30</p> <p>Shepherd's Pie & Roll Cook's Choice Pizza</p> <p>Corn Apple Milk</p>	<p>Dec 1</p> <p>Cheese Quesadilla Chicken Twister</p> <p>Cook's Choice Potatoes Orange Wedges Milk</p>	<p>Dec 2</p> <p>Real Pizzeria Pizza Popcorn Chicken & Roll</p> <p>Cucumber Slices Peaches Milk</p>