



**Waterford School District KHS**

*In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.*

**MEAL PRICES**

Breakfast: \$1.50  
 \*Add 2<sup>nd</sup> Entrée for \$.75 more  
 Lunch: \$2.75  
 \*Add 2<sup>nd</sup> Entrée for \$1.25 more

**Every Wednesday**  
**Original Tubby's Sub \$3.00**

**EVERY TUES-THURS-FRI**  
**Build a Sandwich Deli Bar-\$3.00**

**Tues AND Thurs**

Variety of Tex-Mex Items available

**WSD Food & Nutrition Services Help Desk**

Questions: 248-682-0394 or [BradyR01@wsdmi.org](mailto:BradyR01@wsdmi.org)

Deposits & Account Info: [www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)

Questions regarding account transactions should reach us within 60 days of transaction.

Visit our Website: [waterford.k12.mi.us/foodservice](http://waterford.k12.mi.us/foodservice)

*Nutrition Info: click on Nutrition Guide*

*Monthly Menus & Price Schedule: click on Menus & Pricing*

**Please make checks payable to: WSD – Food Services**

**Return check fee is \$25.00 per item**

Menus subject to change without Notice

**FRESH DAILY CHOICES**

in addition to menu items

- Fresh Made Assorted Sandwiches & Salads
- Assorted Fresh Fruits and Vegetables
- 1% or Skim Milk (8oz)
- Whole Grain Rolls

**More healthy info:**

- Breads & Buns are Whole Wheat or Enriched
- Whole Wheat Barilla Plus Pasta is standard
- Garbanzo Beans available with salads
- All cereals are low sugar
- Pizza Choices: Vegetarian, Cheese, Chicken or Pepperoni

*Healthy breakfast choices available daily in café and by the bus drop door*

| Monday   | Tuesday  | Wednesday   | Thursday   | Friday  |
|--|--|---|--|---|
| <p><b>3</b></p> <p><b>Bosco Bread Sticks (2)<br/>Pasta w/Meat Sauce<br/>w/ Garlic Bread Stick</b></p> <p>Chef Salad<br/>Orange Wedges<br/>Milk</p> | <p><b>4</b></p> <p><b>Philly Steak Sandwich<br/>Chicken Cordon Bleu</b></p> <p>Celery &amp; Carrot Sticks<br/>Peaches<br/>Milk</p>               | <p><b>5</b></p> <p><u><b>Count Day</b></u><br/>Get Lunch – get a chance to win \$10.00 on your account!<br/><b>Turkey &amp; Gravy w/Roll<br/>Fiestada</b></p> <p>Whipped Potatoes<br/>Fruit Cocktail<br/>Milk</p> | <p><b>6</b></p> <p><b>Hamburger<br/>Cheeseburger<br/>Turkey Burger</b></p> <p>Cook's Choice Potatoes<br/>Grapes<br/>Milk</p>         | <p><b>7</b></p> <p><b>Real Pizzeria Pizza<br/>Mini Corn Dogs</b></p> <p>Tossed Salad<br/>Applesauce<br/>Milk</p>              |
| <p><b>10</b></p> <p><b>Captain's Calzone<br/>Chicken Nuggets &amp; Roll</b></p> <p>Whipped Potatoes &amp; Gravy<br/>Peaches<br/>Milk</p>           | <p><b>11</b></p> <p><b>Seasoned Beef &amp; Bean Cheese<br/>Nachos<br/>Chicken Quesadilla</b></p> <p>Mexican Rice<br/>Corn<br/>Pears<br/>Milk</p> | <p><b>12</b></p> <p><b>Meatballs in Marinara &amp; Roll<br/>Rib-B-Q Sandwich</b></p> <p>Cook's Special Potatoes<br/>Apple<br/>Milk</p>  | <p><b>13</b></p> <p><b>Turkey Rueben<br/>South West or French Bread<br/>Pizza</b></p> <p>Caesar Salad<br/>Orange<br/>Milk</p>        | <p><b>14</b></p> <p><b>Real Pizzeria Pizza<br/>Popcorn Chicken &amp; Roll</b></p> <p>Carrots<br/>Fruit Cocktail<br/>Milk</p>  |
| <p><b>17</b></p> <p><b>Macaroni &amp; Cheese<br/>Chili Mac &amp; Wheat Crackers</b></p> <p>Steamed Broccoli<br/>Applesauce<br/>Milk</p>            | <p><b>18</b></p> <p><b>Turkey Burger<br/>Cook's Choice Pizza</b></p> <p>Tossed Salad<br/>Mandarin Oranges<br/>Milk</p>                           | <p><b>19</b></p> <p><b>Chicken Alfredo w/a Garlic Bread Stick<br/>Garlic Cheese Bread</b></p> <p>Carrots<br/>Watermelon<br/>Milk</p>  | <p><b>20</b></p> <p><b>Bosco Bread Sticks (2)<br/>Baked Chicken Tenders &amp; Roll</b></p> <p>Celery Sticks<br/>Peaches<br/>Milk</p> | <p><b>21</b></p> <p><b>Real Pizzeria Pizza<br/>Mini Corn Dogs</b></p> <p>Caesar Salad<br/>Fruit Cocktail<br/>Milk</p>         |
| <p><b>24</b></p> <p><b>Fiestada<br/>Pizza Burger</b></p> <p>Baked Beans<br/>Pears<br/>Milk</p>   | <p><b>25</b></p> <p><b>Grilled Cheese Sandwich<br/>Baked Chicken Patty</b></p> <p>Tomato Soup<br/>Banana<br/>Milk</p>                            | <p><b>26</b></p> <p><b>Shepherd's Pie &amp; Roll<br/>Cook's Choice Pizza</b></p> <p>Corn<br/>Apple<br/>Milk</p>   | <p><b>27</b></p> <p><b>Cheese Quesadilla<br/>Chicken Twister</b></p> <p>Cook's Choice Potatoes<br/>Orange Wedges<br/>Milk</p>        | <p><b>28</b></p> <p><b>Real Pizzeria Pizza<br/>Popcorn Chicken &amp; Roll</b></p> <p>Cucumber Slices<br/>Peaches<br/>Milk</p> |

National School Lunch Week October 10-14, 2011

Get a lunch on October 10th and get a chance to win a Fitness Pack