

# Menus for February 2012

**Waterford School District KMS**  
 In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

### Meal Prices

Breakfast \$1.50  
 Super (Add 2nd Entrée) \$ .75  
 Lunch \$2.50  
 Super (Add a 2nd Entrée) \$1.25  
 Milk \$ .50

**1% Reduced Fat Milk Served Daily**

Menus are subject to change without notice

### WSD Food & Nutrition Services Help Desk

Questions: 248-682-0394 or [BradyR01@wsdmi.org](mailto:BradyR01@wsdmi.org)

Deposits & Account Info:

[www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)

Questions regarding account transactions should reach us within 60 days of transaction.

Visit our Website: [waterford.k12.mi.us/foodservice](http://waterford.k12.mi.us/foodservice)

*Nutrition Info: click on Nutrition Guide*

*Monthly Menus & Price Schedule: click on Menus & Pricing*

**Please make checks payable to: WSD – Food Services**

**Return check fee is \$25.00 per item**

### FRESH DAILY CHOICES

in addition to menu items

- Fresh Made Salads
- Assorted Fresh Fruits and Vegetables
- 1% or Skim Milk (8oz)
- Whole Grain Rolls

### More healthy info:

Breads & Buns are Whole Wheat or Enriched

Whole Wheat Barilla Plus Pasta is standard

Garbanzo Beans available with salads

All cereals are low sugar

Monday	Tuesday	Wednesday	Thursday	Friday
<b>6</b> <b>Chicken Patty</b> <b>Whole Grain Pasta w/Meat Sauce</b>  Green Beans Fruit Cocktail Milk	<b>7</b> <b>Hot Dog</b> <b>Ravioli &amp; Whole Grain Crackers</b>  Potato Salad 100% Fruit Push up Milk	<b>8</b> <b>Cheesy Potatoes &amp; Turkey Ham w/ Roll</b> <b>Fiestada</b>  Carrot Coins Sliced Pears Milk	<b>9</b> <b>Chicken Fingers</b> <b>Chef's Choice</b>  Roll Sweet Tater Tots Pineapple Tidbits Milk	<b>10</b> <b>Macaroni &amp; Cheese</b> <b>w/Wheat Crackers</b> <b>Big Daddy's Pizza</b>  Steamed Broccoli w/ Cheese Applesauce Cup Milk
<b>13</b> <b>Turkey Veggie Wrap</b> <b>Ravioli w/Whole Grain Crackers</b>  Sweet Tater Tots Fruit Cocktail Milk	<b>14</b> <b>Cheesy Potatoes &amp; Turkey Ham</b> <b>Chef's Choice</b>  Roll Chef's Choice Veggie Diced Peaches Milk	<b>15</b> <b>BRUNCH FOR LUNCH!</b> <b>Whole Grain Pancakes</b> <b>Whole Grain Waffles</b>  Celery Sticks & Sunbutter Banana Milk	<b>16</b> <b>Chicken Nuggets</b> <b>Macaroni &amp; Cheese</b>  Roll Oven Baked French Fries Grapes Milk	<b>17</b> <b>Chili Mac</b> <b>Grilled Cheese</b>  Tomato Soup Pineapple Milk
<b>20</b> <b>Sloppy Joe</b> <b>Chef's Choice</b>  Potato Smiles Diced Pears Milk	<b>21</b> <b>Lasagna</b>  Bread Stick Tossed Salad Applesauce Milk	<b>22</b> <b>Chicken Tenders</b> <b>Ravioli &amp; Roll</b>  Oven Baked French Fries Pineapple Tidbits Milk	<b>23</b> <b>MID-WINTER</b> <b>BREAK</b>	<b>24</b> <b>MID-WINTER</b> <b>BREAK</b>
<b>27</b> <b>Whole Grain Pasta w/Meat Sauce</b>  Roll Peas Fruit Cocktail Milk	<b>28</b> <b>Cheese Quesadilla</b> <b>Ravioli w/Whole Grain Crackers</b>  Shredded Lettuce & Tomatoes Diced Pears Milk	<b>29</b> <b>Chicken-N-Cheese Hoagie</b> <b>Meat Ball Sub</b>  Mashed Sweet Potatoes Pineapple Tidbits Milk	<b>March 1</b> <b>Turkey &amp; Cheese Sandwich</b> <b>Chicken Patty</b>  Broccoli Apple Slices Milk	<b>March 2</b> <b>Hamburger</b> <b>Macaroni &amp; Cheese</b> <b>w/ Wheat Crackers</b>  Potato Stars Mandarin Oranges Milk

## Celebrating Chinese New Year:

Get lunch Feb 7-

Get a chance to win a Red Envelope Surprise!