

Menus for June 2012

**Waterford
School
District
KMS**



Meal Prices

Breakfast \$1.50
 Super (Add 2nd Entrée) \$.75
 Lunch \$2.50
 Super (Add a 2nd Entrée) \$1.25
 Milk \$.50
1% Reduced Fat Milk Served Daily

Menus are subject to change without notice

WSD Food & Nutrition Services Help Desk

Questions: 248-682-0394 or BradyR01@wsdmi.org

Deposits & Account Info:

www.sendmoneytoschool.com

Questions regarding account transactions should reach us within 60 days of transaction.

Visit our Website: waterford.k12.mi.us/foodservice

Nutrition Info: *click on Nutrition Guide*

Monthly Menus & Price Schedule: *click on Menus & Pricing*

**Please make checks payable to: WSD – Food Services
 Return check fee is \$25.00 per item**

FRESH DAILY CHOICES

in addition to menu items

- Fresh Made Salads
- Assorted Fresh Fruits and Vegetables
- 1% or Skim Milk (8oz)
- Whole Grain Rolls

More healthy info:

Breads & Buns are Whole Wheat or Enriched

Whole Wheat Barilla Plus Pasta is standard

Garbanzo Beans available with salads

All cereals are low sugar

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

Monday	Tuesday	Wednesday	Thursday	Friday
4 Chicken Patty Whole Grain Pasta w/Meat Sauce Green Beans Fruit Cocktail Milk	5 Catch The Wave Hot Dog Ravioli & Whole Grain Crackers Potato Salad 100% Fruit Push up Milk	6 Cheesy Potatoes & Turkey Ham w/ Roll Fiestada Carrot Coins Sliced Pears Milk	7 Chicken Fingers Chef's Choice Roll Sweet Tater Tots Pineapple Tidbits Milk	8 Macaroni & Cheese w/Wheat Crackers Big Daddy's Pizza Steamed Broccoli w/ Cheese Applesauce Cup Milk
11 Turkey Veggie Wrap Ravioli w/Whole Grain Crackers Sweet Tater Tots Fruit Cocktail Milk	12 Cheesy Potatoes & Turkey Ham Chef's Choice Roll Tomato Soup Diced Peaches Milk	13 BRUNCH FOR LUNCH! Whole Grain Pancakes Whole Grain Waffles Celery Sticks & Sunbutter Banana Milk	14 Chicken Nuggets Macaroni & Cheese Roll Oven Baked French Fries Grapes Milk	15 1/2 Day for Students
18	19	20	21	22
<div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> No School-Enjoy Your Vacation! </div>				
25 No School	26 No School	27 Chicken Tenders Ravioli & Roll Oven Baked French Fries Pineapple Tidbits Milk	28 Two Soft Beef Tacos Chicken Patty Shredded Lettuce & Tomatoes Diced Peaches Milk	29 Hamburger Ravioli & Wheat Crackers Green Beans Mandarin Oranges Milk

Catch the Wave! Get Lunch on June 5th - Get a Chance to Win 2 Wave Pool Passes

Healthy Hunger Free Kids Act

USDA New Nutrition Standards 2012/2013

Menu Updates for the coming school year!

- Even More Great Tasting Whole Grains
- Even More Veggie Choices
- Even More Bean/Pea (Legume) Choices
- Fat Free Flavored Milk
- Same as ever 1% or Fat Free White Milk
- Lower Sodium

