

KMS Menu for September 2011

**Waterford
School
District**



In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

MEAL PRICES

Breakfast: 1.50
 ▪ Add 2nd
 Entrée for
 \$.75 more

Lunch: 2.50
 ▪ Add 2nd
 Entrée for
 \$1.25 more

Great Breakfast choices
 available everyday
 in your café!

WSD Food & Nutrition Services Help Desk

Questions: 248-682-0394 or BradyR01@wsdmi.org

Deposits & Account Info: www.sendmoneytoschool.com

Questions regarding account transactions should reach us within 60 days of transaction.

Visit our Website: waterford.k12.mi.us/foodservice

Nutrition Info: click on Nutrition Guide

Monthly Menus & Price Schedule: click on Menus & Pricing

Please make checks payable to: WSD – Food Services

Return check fee is \$25.00 per item

Menus subject to change without Notice

FRESH DAILY CHOICES

in addition to menu items

- Fresh Made Salads
- 1% or Skim Milk (8oz)
- Whole Grain Rolls
- All cereals are low sugar


More healthy info:

Breads & Buns are Whole Wheat or Enriched

Whole Wheat Barilla Plus Pasta is standard

Garbanzo Beans available with salads

All cereals are low sugar

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>5</p>	<p>6</p> <p>Hot Dog Ravioli & Wheat Crackers</p> <p>Cook's Choice Potatoes 100% Fruit Push up Milk</p>	<p>7</p> <p>Cheesy Potatoes w/Diced Turkey Ham Fiestada</p> <p>Roll Carrot Coins Sliced Pears Milk</p>	<p>8</p> <p>Chicken Fingers Chef's Choice</p> <p>Roll Sweet Tater Tots Pineapple Tidbits Milk</p>	<p>9</p> <p>Macaroni & Cheese w/Wheat Crackers Big Daddy's Pizza</p> <p>Steamed Broccoli w/ Cheese Applesauce Cup Milk</p>
<p>12</p> <p>Turkey Veggie Wrap Macaroni & Cheese</p> <p>Roll Whipped Potatoes & Gravy Fruit Cocktail Milk</p>	<p>13</p> <p>Grilled Cheese Sandwich Chef's Choice</p> <p>Tomato Soup Diced Peaches Milk</p>	<p>14</p> <p>BRUNCH FOR LUNCH Whole Grain Pancakes Whole Grain Waffles</p> <p>Celery Sticks w/Sunbutter Banana Milk</p>	<p>15</p> <p>Chicken Nuggets Macaroni & Cheese</p> <p>Roll Oven Baked French Fries Grapes Milk</p>	<p>16</p> <p>Chili Mac Grilled Cheese</p> <p>Peas and Carrots Pineapple Milk</p>
<p>19</p> <p>Sloppy Joe Chef's Choice</p> <p>Potato Smiles Diced Pears Milk</p>	<p>20</p> <p>Farm to School Day Lasagna Chef's Choice</p> <p>Bread Stick Farm Fresh Salad Farm Fresh Pears Milk</p>	<p>21</p> <p>Half Day Class Act Turkey Sandwich Baby Carrots Apple Milk</p>	<p>22</p> <p>2 Soft Beef Tacos Chili Mac</p> <p>Whole Kernel Corn Diced Peaches Milk</p>	<p>23</p> <p>Almondless Boneless Chicken Chicken Patty</p> <p>Roll Green Beans Orange Slices Milk</p>
<p>26</p> <p>Whole Grain Pasta w/Meat Sauce Chef's Choice</p> <p>Roll Peas Fruit Cocktail Milk</p>	<p>27</p> <p>Cheese Quesadilla Macaroni & Cheese w/Wheat Crackers</p> <p>Tossed Salad Sliced Peaches Milk</p>	<p>28</p> <p>Chicken-N-Cheese Hoagie Meat Ball Sub</p> <p>Mashed Sweet Potatoes Pineapple Tidbits Milk</p>	<p>29</p> <p>Turkey & Cheese Sandwich Chicken Patty</p> <p>Broccoli Apple Slices Milk</p>	<p>30</p> <p>Hamburger Ravioli & Wheat Crackers</p> <p>Potato Stars Orange Slices Milk</p>

Get Lunch Sept 20: Get a chance to win a Farm Fresh Basket!