

Waterford Board of Education

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3621 PONTIAC LAKE ROAD, WATERFORD 48328
PHONE: 248-682-9450 FAX: 248-738-4710
WWW.WSDMI.ORG/SENIORCENTER
MONDAY-FRIDAY 8:30 A.M.— 4:00 P.M.

Scott Lindberg Superintendent

Waterford Township Board of Trustees

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Mark Monohon Trustee
Steven Thomas Treasurer
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Waterford *Senior Center*

ADDRESSING THE NEEDS OF ALL SENIORS
WITHIN THE COMMUNITY

June / July 2024

Treasures are waiting to be found...

**Free
Admission!**



July 25, 26, 27

9:00AM - 3:00PM

One of a Kind Treasures!

Bake Sale! Unique Vendors! Book & Puzzle Sale!

Lunch! Gift Shop Specials! Volunteer Opportunities!

100% of Flea Market Proceeds Benefit your Waterford Senior Center.

Membership

Enjoy the benefits of membership at the
Waterford Senior Center!

Benefits of membership include:

- * Bi-monthly newsletter
- * Discounts on selected events and travel
- * Show your support for the Center

| | WATERFORD RESIDENT | NON-RESIDENT |
|-------------------------------------|--------------------|--------------|
| ANNUAL <i>HOUSEHOLD</i> MEMBERSHIP* | \$ 25.00 | \$ 30.00 |
| LIFE MEMBERSHIP | \$ 250.00 | \$ 300.00 |
| 10-YEAR MEMBERSHIP | \$ 155.00 | \$ 215.00 |
| 5-YEAR MEMBERSHIP | \$ 105.00 | \$ 125.00 |

*Annual Household Membership - One fee per household address-valid for one (1) year from date of sign up or renewal.

Note: Life Members also receive recognition with a nameplate displayed at the Center.

Please Note Membership Rates Have Changed! See Above



Please return this portion with your check to:

Waterford Senior Center, 3621 Pontiac Lake Rd., Waterford, MI 48328

Please Circle (one): **NEW** **RENEWAL**

Name(s) _____ / _____

Address _____

Email _____

Phone _____ Birthdate(s) _____ / _____

Emergency Contact Name _____ Phone _____

Message from Erin

CELEBRATING SUMMER AT THE WATERFORD SENIOR CENTER

We have so much to celebrate this summer at the Waterford Senior Center! We're 50 years strong and continuing to serve our community with confidence. As you look through this newsletter you'll see we have a good selection of activities, classes, healthy living resources and special events for you to choose from this summer.

Our partners at the Oakland County Bar Association and Oakland County Bar Foundation will be with us for Law Day on Friday, June 7. You can choose educational topics, have an "ask the lawyer" session and a free lunch by calling to RSVP at 248-334-3400. We have four more "Hot Summer Night" Dinner & Bunco events on June 12, July 10, August 28, and September 18. We'll be honoring our Fathers on June 14 with a special lunch, music and raffles so be sure to call and reserve your spot. On June 20 we are hosting our Summer Solstice Fundraiser at OverTyme Grill & Taproom with a special dinner menu, silent auction, raffles and entertainment by the Beatles Tribute band "Toppermost"! Hurry to get your tickets as we will be sure sell out. We'll have our second annual "Lemonade Day" on Friday, June 28 with all of the proceeds supporting local Waterford charities at the Zeppelin's Peace 5K Run/Walk which will take place on Saturday, June 29. Zeppelin's Peace 5K Run/Walk benefits Blessings in a Back Pack, Disaster Relief at Work, Waterford Rotary, and Waterford Youth Assistance. We have the return of our popular Flea Market and Bake Sale with drop off dates July 15-19 and the sale July 25,26, 27. Please call or stop by the front office if you can help us by donating baked goods. August 21 brings our Senior Citizens Ice Cream Social, where seniors can enjoy free ice cream sundaes, good music and friends. Read inside to learn more about the variety of classes and programs you can choose from. Lunch is served every day in the Bistro for a donation of \$3.00 for seniors 60+ and \$5.00 for under 60. Our gift shop is open daily from 9:30-3:00. We also have plenty to look forward to this fall with our 33rd Annual Walk & Roll for Meals on Wheels taking place on Saturday, September 28, our Senior Health Expo on October 11 and the Craft Show on October 19!

In August we'll begin transitioning our programs from the umbrella of the Waterford School District to the management of Waterford Township. Our Waterford School Board is working closely with the Waterford Township Board of Trustees and plans are being developed to implement the organizational changes. We will continue to offer our full spectrum of activities, classes and services here at Leggett. We will continue to serve our older adult population in partnership with Waterford Township. We're excited to have the opportunity of working closer with our Parks and Recreation Department and expanding the classes and programs available to our members. We're grateful to our Waterford School District for keeping the Leggett campus open for our seniors and appreciate being part of future plans with Waterford Township as they explore options for a community center that encompasses our members and programs. We are fortunate to live, work, recreate and volunteer in this wonderful community. Our Waterford Senior Center programs are well funded and supported by grants, fees, community partnerships, donations and fundraisers. Our full spectrum of programs and services will continue to be the focal point for activities that support healthy aging in our community.

Your Waterford Senior Center - 50 years strong and continuing to serve our community.

Erin Asdell

Waterford Senior Center Coordinator

Stay Connected

We are here for you!

Senior center staff is here and available to answer your phone calls. Please do not hesitate to call us if you have questions, concerns or are in need of services or resources.

248-682-9450

Check out our Website

www.wsdmi.org/seniorcenter

You can find current online resources such as newsletters, menus and special events.

This is also an excellent place to find the most up to date announcements for the senior center.

Blackboard Connect

If you would like updates and information sent directly to your email or phone about happenings going on at the senior center, please call the office to sign up for Blackboard Connect! For email updates please email – **champn01@wsdmi.org** with your email address.

Meet And Greet

Join us for an informal “Meet and Greet” where you can meet with staff and other senior center members. You will have the opportunity to tour the center, check out some of our classes or activities and ask questions. Refreshments will be served.

Friday, August 23
1:00 pm

Summer Holiday Closures-

Memorial Day
Monday, May 27

Independence Day
Thursday, July 4 - Friday, July 5

Labor Day
Monday, September 2



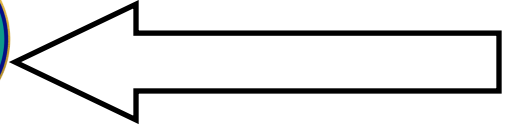
Follow us on Facebook



Look for **Waterford Senior Center**. We post photos, activities and WSC news. We also do Facebook live activities so check back often!



Look for this profile picture!



What's New For Waterford's Seniors? Media Network of Waterford Presents: "Hello Waterford"

Watch on:

Waterford Comcast TV 10
or ATT U-verse Channel 99.

Watch at

www.medianetworkofwaterford.org
Or visit the website and watch "On Demand".



GET INVOLVED!

Senior Center Advisory Board

The Advisory Board is a group of Senior Center volunteers and supporters who are dedicated to assisting in the future direction of the center. The group's input and ideas are valued by staff when considering changes, additions or deletions of programs that are offered at the center. The Advisory Board works alongside staff to support programs and services and also assist with fund raising efforts.

All senior center members are welcome and encouraged to participate!

Wednesday, July 10
11:00 am

Special Interest

Senior Center Gift Shop

Stop in and check out our collection of gifts and more!

Local honey, hand made baby items, jewelry, floral and home décor, kitchen items and much more.

Monday-Friday

9:30 am - 3:00 pm

One-of-a-kind gifts!

Support local crafters!

A percentage of all sales support your Waterford Senior Center!

We also have a huge selection of greeting cards for all occasions.

Used Book and Puzzle Sale

4 Paperbacks for \$1.00

2 Hardcover for \$1.00

Puzzles \$0.50 each



Father's Day Party

Friday, June 14

Noon

Join us as we celebrate Father's Day with "Bad Dad Jokes", "Ugly Tie Contest" and a fun musical show with our friend Smitty!

Wear your "Best Dad Outfit" and you could win a prize!

Menu- Sloppy Joes, Loaded Tater Tots, and Ice Cream Sundaes!

Members- \$10.00 / Non-Members-\$12.00

RSVP by June 7

Limited Time Only!

While they last!

Handmade model ships in a variety of sizes from the private collection of Charlie Hall. Mr. Hall has hand created the works of art for over six decades, and each personalized boat comes with the date made and detailed description.

Visit the Senior Center Gift Shop and make your purchase before they are gone.



Senior Law Day

Friday, June 7

9:45 am-2:00 pm

- Power of Attorney Law
- Estate Planning
- Medicaid Planning
- Ask A Lawyer
- Lunch

Free Event Sponsored by:

Oakland County Bar Association

RSVP to 248-334-3400 / jthies@ocba.org



**OAKLAND COUNTY
BAR FOUNDATION**

Magnolia by the Lakes Presents: "Making the Move to Senior Living"

Lunch and Learn

Tuesday, June 25

12:00 pm - 1:00 pm

FREE

RSVP to Senior Center office by 6/18

Magnolia by the Lakes will be leading a discussion on topics related to transitioning into senior living. This includes, but is not limited to downsizing your belongings and the differences between independent living and assisted living.

A catered lunch will be provide by Magnolia by the Lakes in house chef.

Waterford Senior Center Presents

SUMMER SOLSTICE

Fundraising

Event

**In Support of Senior
Services & Programs**

**Cocktail & Social Hour
Buffet Dinner
Musical Performance By:
"Toppermost", Beatles Tribute Band
Silent Auction
Basket Raffle
50/50 Raffle
Cash Bar**

June 20, 2024

5:00 pm

**Overtyme Grill & Tap Room
Banquet Room
4724 Dixie Highway, Waterford**

**Tickets available at
3621 Pontiac Lake Road**

248-682-9450

champnoi@wsdmi.org



www.toppermostbeatles.com



Feeling overwhelmed?

We are here for you!



WATERFORD COMMUNITY COALITION

A Waterford Community Coalition (WCC) staff will work in partnership with the Waterford Senior Center to help to identify specific need(s). The knowledgeable staff will then link you to the appropriate resources that our community has to offer. It is our goal that you will remain thriving within the community.

Examples of resources but not limited to



- housing resources
- education (birth-adult)
- food
- filling out forms
- employment
- physical/mental health

FREE!!
Resource
counseling

Confidential

**We believe
in YOU**

**Schedule
an appointment**

Email - Resource@ccwaterford.org

or

Call/text - (947) 229-7140

CONTACT WCC



www.ccwaterford.org



info@ccwaterford.org



Waterford Community Coalition



Federal, State, and/or County funding has been provided through the Oakland Community Health Network Office of Substance Use Disorders to support the project costs.

Special Interest



WOTA 248 887-4979



Hours: 6 am—9 pm
Monday—Friday: 6 am—9 pm
Saturdays: 8:00 am—4:00 pm
Cost is \$2.00 per stop.



WOTA's service area covers over 500 square miles.



WOTA can take you anywhere in our service area for any reason. Employment, doctor's appointments, grocery shopping, or visiting friends, we can do it!



Riding WOTA is easy! Register today online or by mail. Schedule your ride —please call at least 48 hours before

Michigan Secretary of State Mobile Office

The Secretary of State Mobile Office will be visiting the **Waterford Senior Center** to provide complete Secretary of State transactions for seniors.

Date: Monday, July 22

Time: 10:00 am - 3:00 pm

Location: 3621 Pontiac Lake Road

Book a visit to complete your S.O.S transactions, including:

- **First-time Michigan ID**
- **Renew driver's license or ID**
- **Transfer title**
- **Apply for or renew a disability placard**

For more information or to schedule your visit during this Mobile Office event, contact the Senior Center @ 248-682-9450



Coffee With Carter

Meet State Representative of the 53rd House District, Brenda Carter. Stop by the Senior Center Bistro for conversations and coffee with your State Representative.

Monday, June 10

Monday, July 8

12:00 Noon – 1:00 pm

Medicare Counseling “New to Medicare”

- Telephone
- Email
- Postal Mail
- Web-based applications

To make an appointment call:
Mary Hyde, LMSW
248-845-8522



Free Notary Service

The Waterford Senior Center is now offering a **FREE** notary service. Chris Shoemaker, one of our wonderful front office volunteers will be available every Thursday from 8:30 am until 2:00 pm by appointment only.

Call the main office to schedule your appointment. 248-682-9450

Used Glasses & Hearing Aids

The Lions Club is collecting used eyeglasses and hearing aids. You can drop them off at the Waterford Senior Center. These items are used for low-income people who cannot afford to get eyeglasses or hearing aids.

Special Interest

Hearing Screenings

Free Hearing Screenings Are Available!
Oakland Audiology will provide screenings.
by appointment only:

Tuesday, June 25
Tuesday, July 23
10:00 am - 12:00 pm



You must call to make an appointment.

Equipment Loan Closet

Waterford Recreation Center
5640 Williams Lake Road

Do you need temporary use of a wheelchair, walker, cane or crutches? The loan closet will allow you to use the items for up to three months. There is a suggested donation of \$10.00 for each item borrowed. Call Waterford Parks and Recreation for more information. 248-674-4881.

Free Legal Help for Seniors

Counsel and Advocacy Law Line
888-783-8190

Call and leave a message with your name, phone number, and the legal issue you need help with.

Type of Legal Aid Provided:

Family matters
Housing matters
Income matters
Consumer matters

Miscellaneous matters, including:

Wills, Durable Powers of Attorney- Health, Durable Powers of Attorney- Finance, Expungements, Driver's License Restoration.

*Please note: Lakeshore Legal Aid is **unable** to help with criminal law or traffic-related issues.*



Taking Off Pounds Sensibly

TOPS Club Inc. is a nonprofit weight-loss support organization. Members discuss nutrition, portion control, meal planning, exercise, and more at meetings. Consistent group support, health education, and recognition are all key components to successful weight management.

Tuesdays
9:15 am – Weigh in
10:00 am – Meeting

\$49 annual membership, \$5 local monthly dues, \$1 weekly room fee

In need of food assistance?

The Commodity Supplemental Food Program (CSFP) is available to low-income seniors who reside in Oakland County.

Oakland Livingston Human Services Agency (OLHSA) will be hosting the CSFP Senior Food Box. You must show your ID to show you are 60 or older.

Call Olivia Barrera at 248-860-3152 for more information or to sign up.

Food Assistance Programs

Open Door Outreach Center

Open Tuesday through Friday

10:00 am - 4:00 pm

7170 Cooley Lake Road

Waterford, MI 48327

248-360-2930

Call for an appointment.

Focus Hope recipients are eligible to receive a box of food once a month. There is a certification process that requires a person to be at least 60 and meet specific financial requirements. For more information or to sign up for Focus Hope, call 248-309-3658, Option #5

Oakland Hope

Open Monday through Saturday

11:00 am – 7:00 pm

20 E. Walton Blvd.

Pontiac, MI 48340

248-309-3658 , Option #2

Nutrition

Can you Benefit from Meals on Wheels?

What is Meals-on-Wheels?

The Meals-on-Wheels program provides a tasty, hot, nutritious noon-time meal to Waterford's homebound seniors. The program is based on individual nutritional needs, not income. The hot noon meal provides one third (1/3rd) of average daily nutritional requirements. Optional cold evening meals and frozen weekend meals are also available. Another benefit is a daily reassurance visit from our dedicated volunteer drivers. The Meals-on-Wheels program is administered by the Waterford Senior Center.

How does it work?

You may order meals to be delivered Monday through Friday between 10:30 am and 1:00 pm. A volunteer driver will deliver the meal right to your door!

Who is eligible for the meals?

- ◆ A person must be 60 years or older.
- ◆ Must be homebound; does not leave home under normal circumstances.
- ◆ A person must be unable to obtain food or prepare complete meals.
- ◆ The person's dietary needs must be appropriately met by the program.
- ◆ The person must be able to feed themselves.
- ◆ A person must agree to be home when meals are delivered or contact the program when absence is unavoidable.

What about the cost?

The meals are provided to you on a "donation only" basis. This means that it is your decision as to whether you can pay for meals or not. A \$3.00 donation per hot meal is suggested.

How do I get started?

Call the Waterford Senior Center at (248) 682-9450.

Before you know it, you'll have a meal at your door!

Lunch and Learn with the Alliance of Coalitions for Healthy Communities & Oakland Community Health Network

Thursday, July 11

12:30 pm

Topic: Diversity & Ageism

Join us in the Bistro to discuss the benefits of cultural and generational diversity, and ways we can identify and fight ageism.

Free Lunch pass when you sign up!

Space is limited!



Nutrition

Congregate Dining in the Bistro

“Lunch is Better When We Dine Together”

Lunch will be served daily Monday- Friday at 12:00 noon.

Requested: \$3.00 for persons 60 and over / \$5.00 for persons under 60

June Menu-

| | |
|-------------|--------------------|
| 3 Monday | Stuffed Cabbage |
| 4 Tuesday | Turkey and Gravy |
| 5 Wednesday | Cheeseburger |
| 6 Thursday | Meatballs w/ Gravy |
| 7 Friday | Breakfast Sandwich |

| | |
|------------------|--------------------------|
| 10 Monday | Mostaccioli |
| 11 Tuesday | Crispy Chicken Leg |
| 12 Wednesday | Lasagna Roll |
| 13 Thursday | Pork Fritter |
| 14 Friday | Fathers Day Lunch |

| | |
|--------------|------------------------|
| 17 Monday | Beef Stew |
| 18 Tuesday | Sweet and Sour Chicken |
| 19 Wednesday | All Beef Hot Dog |
| 20 Thursday | Chicken Tenders |
| 21 Friday | Fish Sticks |

| | |
|--------------|-------------------|
| 24 Monday | Salisbury Steak |
| 25 Tuesday | Turkey Tetrizzini |
| 26 Wednesday | Beef Nacho |
| 27 Thursday | Ham |
| 28 Friday | Pizza |

* Reservations only for June 14

* The menu is subject to change.

July Menu-

| | |
|-------------------|------------------|
| 1 Monday | Chicken Sandwich |
| 2 Tuesday | Stuffed Pepper |
| 3 Wednesday | Turkey and Gravy |
| 4 Thursday | Closed |
| 5 Friday | Closed |

| | |
|--------------|-----------------------------|
| 8 Monday | Meatballs w/ Marinara Sauce |
| 9 Tuesday | Chicken Alfredo |
| 10 Wednesday | Beef Dippers |
| 11 Thursday | Polish Sausage |
| 12 Friday | Breakfast Sandwich |

| | |
|--------------|--------------------|
| 15 Monday | Crispy Chicken Leg |
| 16 Tuesday | Mostaccioli |
| 17 Wednesday | Mini Corn Dogs |
| 18 Thursday | Sloppy Joe |
| 19 Friday | Vegetarian Lasagna |

| | |
|--------------|-------------------------|
| 22 Monday | Chicken Breast w/ Gravy |
| 23 Tuesday | Chili w/ Cheese |
| 24 Wednesday | Chicken Parmesan |
| 25 Thursday | Pizza |
| 26 Friday | Fish Nuggets |

| | |
|--------------|-------------------|
| 29 Monday | Turkey Tetrizzini |
| 30 Tuesday | Meatloaf |
| 31 Wednesday | Chicken Tenders |

Monthly Birthday Celebration-

Cake and ice cream will be served with lunch to celebrate our monthly birthdays. You are invited to join the celebration, regardless of your birth date. Members will receive a FREE lunch on their actual Birthday! **Thursday, June 27 & Thursday, July 18**

What are the benefits of dining with others?

According to a recent study from Oxford University, eating with people often **makes us feel happier and more satisfied with our lives**. It fights disorders such as anxiety and depression and helps to make relationships with others stronger.



Ageways Nonprofit Senior Services is funded in part by the Federal Older Americans Act and the Bureau of Aging,

Community Living, and Supports (ACLS Bureau) and complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended, and Section 504 of the Social Rehabilitation Act of 1973 and is an Equal Opportunity Employer program. Reasonable accommodations will be provided upon notification or request. Contact information: www.aaa1b.org or 1.800.852.7795.

Encore Adult Day Services

Encore/Affordable Adult Day Services

Who are adult day services designed for?

- Older adults with memory impairments and/or physical disabilities who are unable to initiate their own activities
- People with Alzheimer's, Parkinson's disease, dementia patients or stroke victims
- Families and caregivers

Benefits of adult day care:

- Reduces social isolation
- Restores and maintains highest level of individual function
- Enriches quality of life
- Helps prevent nursing home placements
- Gives family and caregiver peace of mind

Services & Activities:

- Professional care and supervision
- Comfortable and safe environment
- Nutritious meals and snacks
- Structured recreational activities
- Transportation available through WOTA
- Support Groups

About the Program

We provide a warm, caring environment for seniors who need supervision during the day. We welcome adults who have cognitive problems common to types of dementia such as Alzheimer's Disease or who have medical conditions that make it unsafe to be home alone. Caregivers enjoy the scheduled respite and are able to catch up with other responsibilities. Participants enjoy a rich variety of activities and sense of belonging.

About our Staff

Our Encore staff are trained to guide participants through daily routines, assisting with daily activities, treating them with respect, and protecting their dignity. Medication reminders and personal care are provided in a professional manner that supports self-care.

In Encore we honor the individual and provide an opportunity to remember, sing, laugh, stay physically active and have fun! Laughter, music and conversation really are the best medicine!

Encore Activities

| June | July |
|-------------------|----------------------|
| Garden Party | Celebrate the USA |
| Flag day | All Star Baseball |
| I Remember Father | To the Moon and Back |
| Summer Solstice | Karaoke Summer Sing |
| Ice Cream Social | Dog Days of Summer |

**Encore Adult Day Services
will be closed-**

**Memorial Day
Monday, May 27**

**Independence Day
Thursday, July 4
Friday, July 5
Monday, July 8**

**Labor Day
Monday, September 2**

Support

Caregiver Support

Our Caregiver Groups are sponsored by the Alzheimer's Association and designed to provide emotional, educational and social support for caregivers. They help participants develop methods and skills to solve problems and deal with the stress of caregiving. The group provides information and resources, as well as, a safe place to speak freely with others who understand their situation. Members are encouraged to maintain their own personal, physical and emotional health, as well as, optimally care for the person with dementia.

You can reach the Alzheimer's 24/7 helpline at **800-272-3900** for assistance, tips and support. They are here for you! Their website is easily accessed for information at alz.org/gmc.

We meet on the second Tuesday of each month at noon and on the third Monday each month at 7:00 pm. We have two days and times to choose from! Join us on June 11 and July 9 at noon and June 17 and July 15 at 7:00 pm. No registration necessary, walk-ins are welcome!



A new, online educational platform offered by AgeWays Nonprofit Senior Services (formerly called the Area Agency on Aging 1-B) offers caregivers an easy way to get information and advice online. It's also free!

Trualta's learning modules, on subjects ranging from handling a loved one's resistance to taking medications to managing pressure wounds can be read, listened to or watched. There are resources, articles, checklists, videos, quizzes, and webinars to choose from. There is a chat function so caregivers can learn from each other and support groups. Trualta has recruited experts for the platform. For example, Teepa Snow, a renowned expert on dementia caregiving, offers her tips for a positive approach to caregiving. Trualta keeps content up to date and adds new learning opportunities (in Spanish, too!) each month.

To use Trualta, the family caregiver and/or the older adult (60 and older) must live in one of the six counties served by AgeWays (Livingston, Macomb, Monroe, Oakland, St. Clair, and Washtenaw).

To sign up, visit ageways.trualta.com. You'll be asked to answer a few eligibility questions and to create a login to enter the platform.

For additional information or questions, call 833-262-2200 or email trualta@ageways.org.

Grief Support 2024

The goal of a grief support group is to provide a safe and supportive environment for participants to express their feelings and better understand their grief experience. Many people find relief in talking with others who have also experienced the death of someone close to them. We meet every other week for 10 weeks on the campus of Lourdes Senior Community in Mendelson Assisted Living - 2450 Watkins Lake Rd. Waterford, MI 48328.

Session 1
February – early June

Session 2
August – early December

Facilitated by:
Mary Hyde, LMSW
Registration is required
Call Mary at 248-886-5118

Activities

Flight Simulator Flight SIMS For Seniors Mind and Body in Action

Experience the joy of learning to fly a “simulated 172 Cessna” from our local “simulated Pontiac Airport”, all while sitting in the comfort and safety of the Waterford Senior Center. Our **SIMS for SENIORS** computerized flight simulator is built with our seniors’ needs in mind and is also wheelchair accessible. It provides a great activity for former pilots or just “pilot wannabes”. Neurological studies indicate that doing something different and in a new way has positive benefits for the senior brain.

**One hour sessions are available-
Tuesday & Thursday**

9:00 am - 2:00 pm

***Try your first session for FREE!**

Purchase a punch card for \$25 (good for 5 sessions) in the front office, then schedule your simulator sessions.

**Virtual Flight Instructors–
Darryl Smith, Susin Siporin**

Reminiscing Club

Enjoy an afternoon of conversation between friends, and take a walk down memory lane, recalling life’s special moments and silly adventures. When sharing stories in a group setting, you often realize that people have more in common than you could ever imagine! All are invited and welcome to participate in this good time!

Wednesday, June 26

Wednesday, July 24

1:00 pm

\$1 Drop-in Fee

Waterford Garden Club

Attention all Green Thumbs!

Join us for informative workshops and fun workdays.



Workdays: Every Thursday

9:00AM-12:00PM

For more information and locations visit:

Waterfordgardenclub.org

Facebook.com/waterfordgardenclub

Jam Sessions

The Senior Jam Session is for all seniors who play an instrument or sing (even if you are a bit rusty). The group has a range from beginning levels to advanced players. Everyone has one purpose and that is to have fun making music together. The JAM is open to all instruments and to all types of players. So look around in the attic, under the bed, or in the basement for that old instrument that you would like to bring back to life and join us!

Thursdays at 1:00 pm

Meet in the Bistro

\$1 Drop-in Fee

Computer Club

Our mission is to meet monthly to provide a friendly environment where members can improve their computer skills and assist each other with digital challenges. We welcome visitors and new members fostering a supportive community dedicated to lifelong learning and camaraderie.

Facilitator-Ron Estrada

Come and see!

Tuesday, June 11

Tuesday, July 9

10:00 am - Noon

\$1.00 Drop-in Fee

Book Club

The Book Club meets once each month. Books are available in the main office, or you can call 248-682-9450 to find out what the current book being read is.

At the meeting you will be able to pick up the next book.

Monday, June 3

Monday, July 8

10:30 am - 12:00 pm

Facilitator– Donna Koan

\$1.00 Drop-in Fee

Activities

Yoga

This class will move your body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity.

Every Wednesday

1:00 pm - 2:00 pm

FREE

Sponsored by:

The Alliance of Coalitions for Healthy Communities



Facilitator-Instructor Paul Barr has been a Certified Yoga Teacher through Yoga Alliance and Reiki Master for over 9 years. Paul is also a Certified Personal Trainer through the National Personal Training Institute (NPTI) and a Certified Nutritionist through Precision Nutrition.

Tai Chi

Do you want to improve your movement and balance? Do you want to do something healthy for your body and mind? Try our Tai Chi class. Wear comfortable clothes, and meet us in the gym.

**Drop In Tai Chi -
For Health, Arthritis, and Fall Prevention**

Informal meet up to practice your Tai Chi moves. This is an instructor led class, with facilitators on hand to answer questions and assist.

Tuesdays 1:30 pm - 2:30 pm

\$1.00 Drop-in fee

Mindfulness Meditation

Meditation is an age-old practice of intentionally focusing the mind. This highly researched method of quieting conditioned and habitual patterns of thought leads to awareness and reduction of stress. The quieting of the body and mind has been shown to boost the immune system and reduce cardiovascular risk. It is useful for managing high blood pressure, sleep disorders, lifestyle changes and pain. The enhanced awareness that comes with meditation practice supports a shift from habitual reactivity to more conscious choice.

Thursdays 9:00 am - 10:00 am

\$1 Drop in Fee

Facilitator- Jerry Cleland

Body Management Exercise

AKA Moan-n-Groan Body Management

Join in on the fun while stretching, toning, moaning and groaning. It is a great class to get more limber and fit while exercising with new friends. Wear comfortable shoes and clothing... and a big smile.

Monday & Friday

9:10 am - 10:10 am

\$4.00 per class

Facilitator- Ann Swanson

S.A.Y. Seniors And You! Video Group

We are looking for those interested in learning how to:

Host a Show | Produce a Program

Learning to Direct | Running Cameras and

Lights | Learning Graphics | Audio Board

Sign up by calling Denise at 248-682-0401

If you are interested in joining our video group, call 248-682-0401.



Activities

Cards

Poker - Tuesdays & Thursdays at 9:00 am
Euchre - Wednesdays & Fridays at 9:00 am
Euchre - Mondays at 1:00 pm
\$1.00 Drop-in Fee

Mexican Train

Thursday, June 13

Thursday, July 18

1:00 pm - 3:00 pm

\$1.00 Drop-in Fee

Facilitator – Laurie Nickson

Join us to play the domino game Mexican Train. No previous experience required and rules will be explained.

Bring your own drinks and/or snacks. There will be token prizes!

Chicken Foot

Thursday, June 6

Thursday, August 1

1:00 pm – 3:00 pm

\$1.00 Drop-in Fee

Facilitator Laurie Nickson

Chicken foot (also known as Chickie Dominoes) is a fun and easy to learn domino game. No previous experience required and rules will be explained.

Bring your own drinks and/or snacks. There will be token prizes!

Good Old Fashioned Game Time

Enjoy an afternoon of fun and games with your Senior Center staff. Enjoy friendly competition with a chance to win bragging rights.

Token prizes for the winners!

Wednesday, June 5- Family Feud

Wednesday August 7– Match Game

1:00 pm

\$1.00 Drop In Fee

Wii Bowling

Join our Wii Bowling Party!

Wii is an interactive game that with the help of our projector and large screen, will make you feel like you are in a real bowling alley! Join our fun group for some friendly competition.

Fridays 1:00 pm

\$1 Drop-in Fee

Hot Summer Nights Bunco

Wednesday, May 8 / Wednesday June 12

Wednesday July 10 / Wednesday Aug 28

Wednesday, September 18

4:00 pm – 7:00 pm

\$10.00 per person at the door

Enjoy dinner and a fun night out with friends!

Bunco is a fun social dice game involving mostly luck and little skill! It's easy to learn and play!

Pizza, salad, dessert and cash prizes!

Bring a "dollar store" type gift for a fun gift exchange game! Please sign up one week prior to reserve your spot!

The Waterford Senior Center in partnership with the Alliance of Coalitions for Healthy Communities and the Waterford Community Coalition invites you to join us at the Senior Center for the following **FREE** programs and activities that will help older adults build and maintain social connections, as well as improve emotional and physical health.

Mahjong

Participants will play a game alongside peers, getting a mental workout to help keep their brains in peak condition. Mahjong is a Chinese game played with tiles.

Friday, June 21

Friday, July 12

Friday, Aug 2

1:00 pm – 3:00 pm

BINGO

Join us for a fun game of BINGO!

Friends, Fun, Prizes!

Fresh popped popcorn & beverages included.

Monday, July 15

1:00 pm – 2:30 pm

RSVP by – Seating is limited.



Activities

Anyone Can Paint

If you have ever considered painting, we have the class for you! Mr. Steve Wood's unique ability to blend humor and encouragement results in a very enjoyable and relaxing experience! At the end of each two-hour session you will have a complete painting! Please sign up one week prior to class.

Friday, June 28

Friday, July 26

1:00 pm – 3:00 pm

Members \$25 / Non-Members \$30

Facilitator – Steve Wood

Sign up in the main office to reserve your spot at least one week prior.

Space is limited.



Thank you to My New Favorite Thing for bringing their wonderful classes and artists to our senior center!

Registration is done through Waterford Senior Center.

The location for these workshops will be at Waterford Senior Center.

Acrylic Painting

Mary Catherine is an artist and certified painting instructor who uses acrylic paint on canvas to create beautiful works of art. Try this new class where you can have fun learning to paint.

All supplies are included.

1:00 pm – 3:00 pm

Monday, June 3

Monday, July 1

Monday, August 5

Members \$32 / Non-Members \$35

Facilitator – Mary Catherine Heaton

Sign up in the main office to reserve your spot at least one week prior.

Space is limited.

Foiling Class

Join us as we make a one-of-a-kind butterfly, flower, or dragonfly. Pick from a large selection of foils to match your decor.

Wednesday, June 12

1:00 pm - 3:00 pm

\$12 Members / \$14 Non-Members

RSVP with payment to the main office by 6/5.

Patriotic Wreath Class

Come create a beautiful red, white, and blue patriotic wreath.

All materials will be provided. Example will be displayed in the main office.

Class hosted by Donna Wall

Monday, July 1

1:00 pm - 3:00 pm

\$24 Members / \$26 Non-Members

RSVP with payment to the main office by 6/24.

Summer Door Hanger Workshop

Join us in making a one-of-a-kind summer door hanger. Choose one of **four** different themes, including Hello Summer with Watermelon, Lemonade Stand, Aloha Summer with Pineapple, or a Ladybug Welcome sign.

All materials will be provided. Example photos will be displayed in the main office.

Thursday, August 8

1:00 pm - 3:00 pm

\$35 Members / \$37 Non-Members

RSVP with payment to the main office by 8/1.

**Attention Bakers:
The Waterford Senior Center will be holding a Bake Sale during the Flea Market to help raise funds for senior services and programs.**



Please call the Center if you are interested in baking something yummy for our Bake Sale!

248-682-9450

Activities

Wood Shop

Are you an experienced wood crafter looking for a great place to work on your projects? Have you never worked in wood crafting but are interested in learning the skill of how to make your own wood crafts? ***You need to check out the Senior Center Wood Shop!***

Wood shop fees: You must be a member of the senior center. There is a \$20 bi-annual shop fee.

\$1.00 Drop-in Fee

Wood Carving

Join our Wood Carvers on Wednesday mornings at 9:00 am in activity room #2. If you are interested in learning something new or are a carver already, come in and join the group!

Wednesdays

9:00 am - Noon

\$1.00 Drop-in Fee

Wood Carving and Wood Shop Classes Learn Something New!

8x10 Wood Burning on Basswood of Native American Chief in Headdress

Tuesday's June 4, 18, 25

1:00 pm – 3:00 pm

Cost \$45 for the class, plus \$15 for the blank.

Instructor – Gerry Burchard

Eagle Head Cane Top

Tuesday's July 9-September 10

1:00 pm-3:00 pm

Cost \$165 for the 15 week class, plus \$5 for the blank

(The blank will be free if the carving will be donated to the "Lean on Me" Veteran Program.)

Creative Wood Carving Event @ Osceola County Fairgrounds

June 17-21

Chip Carving, Bark Carving, Wood burning, Caricature, Relief & Realistic Human, Aquatic & Wildlife, Carousel Horses

For more information or to register:

Call 616-901-3933 / Email– jmjbobmiller@gmail.com / Website-chipchats.org/event-5450202

Quilting Bee

Join our Quilting Bee. We work together to hand stitch quilts and will turn unfinished tops into quilts. Beginners to skilled quilters are welcome to join us.

Mondays Noon - 3:00 pm &

Fridays 9:00 am - Noon

\$1 Drop-in Fee

WSC Comfort Makers

Join us as we learn to make fleece blankets that we will be donating to local charities. Anyone and everyone is invited to get involved. Making fleece blankets is simple to learn and Janie McGee, the class facilitator will be on hand to give instruction and answer questions.

Fridays 9:00 am

***Donations of fleece are now being accepted at the center.**

Special Interest

Let's Celebrate!

SENIOR CITIZEN DAY!

Wednesday, August 21

1:00 pm–3:00 pm

karaoke,
Games,
Prizes!

Sponsored by:
State
Representative
Brenda Carter



Waterford Senior Center
3621 Pontiac Lake Road / 248-682-9450

Dinner and Bunco– Hot Summer Nights 4:00 pm– 7:00 pm

\$10.00 per person

Enjoy dinner and a fun night out with friends.

Bunco is a fun, social dice game involving mostly luck and little skill. It's easy to learn and play.

Pizza, salad, dessert, and cash prizes!

Bring a "Dollar Store" type gift for a fun gift exchange game!

Wednesday, June 12

Wednesday, July 10

Wednesday, August 28

Wednesday, September 18

HELL☀️
Summer



Please sign up one week before to reserve your spot.
Pay at the door.

Special Interest

Meet Our New Members



Cairn Noble
Alfreda and Dewayne Carrothers
Thomas Reiss
Howard and Beverly Goudzwaard
Douglas Gullett
Patrick and Don Hicks
Monika Horak
Lucille Irons
Cathy and Bob Mann
Kelly McGlothin-Zendejas and Steve Brooks
Pamela Saldutti
Eileen Sherman
Dee Beeman
Leah and Teresa Boston
Jeri Bottorff and Jodi Fryzell
Arline Briney
Dawn Brown
Larry and Barbara Buettner
Vicky Blackshear
Sandra Chastten
Harold and Linda Cooper
David D'Agostino
Teri Lynn Easterling
Judy Goshen
Corene Munro
Peggy and Larry Griffin
Renee Giroux
Susan Harroun
Carol Kasat
Amy Kesteloot
Terry Kimler
Steven and Marjorie Kuechle
Carol Lynn
Mary Ellen Madary
Leon and Maryann Pearson
Linda Prevo
Donna (Carol) St. Dennis
Nancy Sulisz
Garry Weideman
Stefanie Williams
Ray Cruse and Robert Newell
Carol Diehl

Volunteer Opportunities

Volunteer Opportunities with the Waterford Senior Center:

Kitchen Help- Assist in the kitchen with food preparation and cleaning tasks.

Meals on Wheels Drivers- Assist with delivering meals to home-bound seniors in Waterford.

Front Office- Assist in the office with answering phones and light office work.

Encore Adult Day Program- Assist staff with music, games, and activities.

NEW!

Seniors Helping Seniors

We are looking for seniors interested in learning about participating in a new friendly visitor program with the Waterford Senior Center in partnership with the Waterford Community Coalition. Volunteers are needed to assist local homebound seniors right here in Waterford. Volunteer tasks would include visiting and socializing with lonely seniors, light house work, and running shopping type errands.

All volunteers participating in this program must pass a mandatory background check.

Please call the main office if you would like more information about volunteering with us.
248-682-9450



Flea Market Help Wanted!

We are looking for volunteers to help us sort and price all of the treasures that will be donated for our BIG sale!

Stop by the Center Monday, July 15 - Wednesday, July 24 between 8:00 am and 4:00 pm. Even if you only have an hour or two to volunteer, every hour given will help!

Lunch will be provided.

Special Interest

2024

**33rd Annual
Walk & Roll
for Meals on Wheels**



Waterford Senior Center
3621 Pontiac Lake Road
Waterford, MI 48318

Kids With
Registered
Adults Are
Free!

\$25.00 SATURDAY
September 28, 2024
REGISTRATION - 8:30 AM
WALK AND ROLL- 10:00 AM
CELEBRATION LUNCH-11:30 AM

The Day Includes:
Free T-Shirt with Registration!
Great Prizes!
Snacks & Lunch!
Photo Booth!
Kid's Zone with Bounce House,
Games, and Face Painting!
FUN!

All proceeds go to help
fund Waterford's Meals
on Wheels program.

We deliver more than
1,500 meals per week
to homebound seniors!

**\$21.00 helps us feed
a senior for a week!**

Help us....Help them!

Join us for the fun 3-mile *Walk & Roll* that
begins and ends at the senior center.
Participants can walk, run, roller-skate,
push a stroller, rollerblade, or bicycle!

Rain or Shine!



Want to keep up to date on Walk and Roll happenings?

Follow us on Facebook :

Walk and Roll for Meals on Wheels

Need more information, or have questions?

Call us at 248-682-9450

Special Interest

BUCKET OF LOVE VOLUNTEERS NEEDED!



*Do you have time to
make a positive impact
on youth?*



Needed: Caring volunteers who have an hour to spare for an elementary school child who needs a little extra tender loving care. For one hour per week, you will engage with a child doing activities such as crafts, games, puzzles and building a personal relationship with them.

Bucket of Love is sponsored by Waterford Youth Assistance, Waterford Senior Center, Waterford School District and the Waterford foundation for public education. The program runs from September to May.

If you are interested in Bucket of Love, please call WYA at 248.618.7383 or email waterfordya@msn.com.



Are you looking for an easy way to support your Senior Center? Do you already shop at Kroger? If you do, then you should check out the Kroger Community Rewards Program!

To get started with the Kroger Community Rewards Program visit <http://www.kroger.com>.

1. Create or sign in to your online Kroger account
2. Click my Account
3. Look for the profile tab, make sure that your Kroger plus card # is linked to your account.

If it's not, click edit, and add the # on the back of your Kroger Plus card.

4. Look for the Community Rewards Tab
5. Search for "Waterford Senior Center" or enter code JT422.
6. Click Enroll

Once enrolled, a percentage of the proceeds from every shopping trip will benefit your Waterford Senior Center!

A Driving Need

Hundreds of older and disabled neighbors in our community need help getting to doctor appointments, the grocery store, or other essential errands. Being able to get food and medical care can make it possible for them to remain in their homes for as long as possible. The **Interfaith Volunteer Caregivers** program is in need of volunteers who can provide transportation in the local area. If you have just a couple hours a month that you can give to someone in need, you can make a huge difference in the life of a struggling neighbor. You tell us what day, times and areas are convenient for you, and we call you with specific appointments that meet these criteria. If you are free, say yes. If you're not, simply decline and we will call you another time. Even one more ride a year will make a big difference to the person who needs it!

Please call Interfaith Volunteer Caregivers today at 586-757-5551



Giving Back to Our Community



Celebrate the lazy, hazy, crazy days of summer with us while helping raise money for some great Waterford programs!

Friday, June 28 / 11:00 am - 1:00 pm

When Life Gives You Lemons, Make Lemonade!

Stop by the Bistro for fresh squeezed lemonade, lemon bars, and lemon cookies!
100% of donations will be given to the Zeppelin's Peace 5k Run/Walk which benefits Disaster Relief at Work (DRAW), Blessings in a Backpack, Waterford Youth Assistance, and Waterford Rotary.

WSC Lemonade Day is Sponsored by- State Representative Brenda Carter



Join us as we walk (or run) to help others do good in our community!

Join your Waterford Senior Center Staff and other friends from the Center as we participate in helping raise funds for some amazing Waterford programs! DRAW, Blessings in a Backpack, Waterford Rotary, and Waterford Youth Assistance will all benefit from this fun event! The Senior Center will have a "Team" going that will be made up mostly of walkers, (not runners!) and we would love to have you walk with us!

Registration forms are available in the front office at the Senior Center.

***On Lemonade day we will have a "Pizza Party Lunch" at Noon- \$3.00**

ZEPPELIN'S PEACE 5K RUN/WALK

Saturday June 29, 2024
Drayton Plains Nature Center
2125 Denby, Waterford, MI 48329

\$35 per person
Register by 6/20/24 to receive a *Free T-Shirt and Medallion!

Awards will be provided for:
First (3) Males • First (3) Females

**Register Early! Registrations after 6/20/24 are not guaranteed a shirt. Shirts must be picked up at the race.*

Registration begins at 8:00 am
Program begins at 9:00 am
Run/Walk begins at 9:15 am
Awards at approximately 10:00 am

All profit goes to Disaster Relief At Work (DRAW), Blessings in a Backpack, Waterford Youth Assistance and Rotary.

Register at www.runsignup.com/Race/MI/Waterford/ZeppelinsPeaceRunWalk.

For more information: call Alex Keesling 248-408-1983 or Jim Powers 248-425-0601.

Logos: DRAW, Blessings in a Backpack, Rotary Waterford, Waterford Youth Assistance, Waterford Parks & Recreation, Complete Runner.

QR code: Scan Me to Register

Travel

Day Trip Intensity Key

To better assist our members in knowing the intensity of each trip we have come up with a code for our trips.



Light - trip will have some walking and low physical endurance.
(Ex. Casino or play)



Moderate - mild physical intensity required. Some stairs are possible and walking with few stops.
(Ex. Museum tour)



Vigorous - Intense physical endurance. May be uneven walking surfaces, extended walking distances, or climbing of stairs.
(Ex. Garden, nature hikes)



ADVENTURE

Awaits

Hi! Let me introduce myself. My name is Katie, and I am your travel escort at the senior center. I will be your travel companion as we go on all of our fun and interesting excursions. I cannot wait to get on the move with all of you on the exciting trips we have planned!

Day Trip Information

- **Trip Parking** - Unless otherwise noted, all trips leave from the Central United Methodist Church, 3882 Highland Road (M59). Please park on the west end of the parking lot near the home. You should arrive 15 minutes prior to your departure time.
- **Refunds** - A full refund, less a \$5.00 administration fee, will be given if a refund is requested prior to the RSVP date of a trip. After the RSVP date and tickets have been purchased the ticketed amount cannot be refunded unless someone replaces you from the waiting list. Replacements are not guaranteed. Some events are non-refundable.
- **Registration** - Deadlines are important for planning purposes for all involved. If there aren't enough participants by the deadline, we may have to cancel trips and programs. Please, avoid disappointment and register early!
- **Payment** - Please note we only accept payment via cash or check. Checks that are returned with an NSF will be subject to a \$35 administrative charge.

Be sure to be on the look out for the new "Dynamic Duo" logo! Waterford Senior Center and Waterford Parks & Recreation will now be partnering on some trips. When you see the Dynamic Duo logo you only need to be a member of either the Waterford Senior Center OR Golden Age Club to enjoy the member pricing on those specific trips!

Dynamic Duo
We are stronger when we work together as one!

Day Trips

Let's Win Big! Soaring Eagle Casino Thursday, June 6



Modern Motor coach transportation, \$20 Premium play to be utilized within the casino, \$10 food voucher (loaded onto card), \$10 Bingo Bucks, and an additional \$10 in play can be received if 600 points are earned! It's SENIOR DAY too! Folks that are 55+ will also receive an additional \$5 off of food, Bingo, and \$5 match play on Blackjack along with a \$0.55 donut or ice cream! Driver gratuity not included.

Cost: \$55.00
\$60.00 Non-Members
Departs: 8:00 am
Returns: 5:00 pm
RSVP by 5/30

This trip is hosted and escorted by the Waterford Senior Center. Trips will leave from the Central United Methodist Church.

Let's Explore! Detroit Institute of Art Thursday, July 18



Explore the Detroit Institute of Art and see the rich history it provides. Lunch will be on your own at either the Café DIA or Kresge Court. Your trip includes: round trip luxury motor coach transportation, entrance to the museum, and travel escort. You will receive a coupon for a free cup of coffee or tea and one free cookie to be redeemed in the Café DIA and a 10% coupon for the DIA Gift Shop.

Cost: \$5.00 Members
\$7.00 Non-Members
Departs: 12:00 PM
Returns: 4:00 PM
RSVP by 7/2

This trip is hosted and escorted by Waterford Parks & Recreation staff. It will depart from the Waterford Recreation Center - 5640 Williams Lake Rd., Waterford, MI 48328.

Dynamic Duo
We are stronger when we work together as one!

Detroit Princess Riverboat Thursday, June 27

Modern Motor coach transportation. Take a midday break from the world and cruise on the Detroit River! Lunch cruises are perfect for seeing the downtown areas of both Detroit and our neighbor Windsor. The lunch menu features Beef Tips with Gravy, Baked Chicken, Mashed Potatoes, Marinated Portabella Mushrooms with sides of Cheese Tortellini, Steamed Vegetables and Salad with add-ons!

Cost: \$120.00 Members
\$125.00 Non-Members
Departs: 10:30 am
Returns: 3:30 pm
RSVP by 6/6



This trip is hosted and escorted by the Waterford Senior Center. Trips will leave from the Central United Methodist Church.

Let's Win Big! Soaring Eagle Casino Thursday, August 8

Modern Motor coach transportation, \$20 Premium play to be utilized within the casino, \$10 food voucher (loaded onto card), \$10 Bingo Bucks, and an additional \$10 in play can be received if 600 points are earned! It's SENIOR DAY too! Folks that are 55+ will also receive an additional \$5 off of food, Bingo, and \$5 match play on Blackjack along with a \$0.55 donut or ice cream! Driver gratuity not included.

Cost: \$55.00
\$60.00 Non-Members
Departs: 8:00 am
Returns: 5:00 pm
RSVP by 7/31

This trip is hosted and escorted by the Waterford Senior Center. Trips will leave from the Central United Methodist Church.

Day Trips

Let's Explore! Comerica Park Tigers vs. Angels Thursday, August 29



Take me out to the ball game! Join us for a day at Comerica Park to see the Detroit Tigers take on the Los Angeles Angels! Lunch included via a complementary \$15.00 voucher, redeemable on food and beverages at any concession stand. Round trip luxury motor coach transportation and driver tip included.

IMPORTANT Comerica Park is now **cashless** so you will need to bring a debit/credit card if you wish to purchase additional concessions or souvenirs.

Cost: \$91.00 Members
\$96.00 Non-Members
Departs: 11:00 AM
Returns: 6:00 PM
RSVP by 8/15

Dynamic Duo
We are stronger when we work together as one!

This trip is hosted and escorted by the Waterford Senior Center. Trips will leave from the Central United Methodist Church.

Blakes Cider Mill



Join us for a relaxing day on the farm! We will start out in the covered pavilion where we will enjoy cider and donuts. Then you will be free to roam the grounds and explore their many attractions and shops.

Free access to Funland which includes; a corn maze, petting zoo, a miniature goat walk and more! 1 free train ride or hay ride is also included!

Round trip luxury motor coach transportation and driver tip included.

Coming Soon!
Stop by the office of the travel board for more information.

This trip is hosted and escorted by the Waterford Senior Center. Trips will leave from the Central United Methodist Church.

Let's Explore! The Detroit Zoo Friday, September 13



Take a stroll through the new exhibits and see all of your favorite animals in one place! Food and drinks are available for purchase at one of the fantastic cafes and restaurants located throughout the park. Round trip luxury motor coach transportation and driver tip included.

1 Free train ride is included!

Dynamic Duo
We are stronger when we work together as one!

Cost: \$91.00 Members
\$96.00 Non-Members
Departs: 9:00 AM
Returns: 3:00 PM
RSVP by 9/1

This trip is hosted and escorted by the Waterford Senior Center. Trips will leave from the Central United Methodist Church.

Let's Win Big! Soaring Eagle Casino Thursday, October 10



Modern Motor coach transportation, \$20 Premium play to be utilized within the casino, \$10 food voucher (loaded onto card), \$10 Bingo Bucks, and an additional \$10 in play can be received if 600 points are earned! It's SENIOR DAY too! Folks that are 55+ will also receive an additional \$5 off of food, Bingo, and \$5 match play on Blackjack along with a \$0.55 donut or ice cream! Driver gratuity not included.

Cost: \$55.00
\$60.00 Non-Members
Departs: 8:00 am
Returns: 5:00 pm
RSVP by 5/30

This trip is hosted and escorted by the Waterford Senior Center. Trips will leave from the Central United Methodist Church.

Extended Travel

Sunny San Diego & So Cali Highlights February 20, 2025

Tour includes - Roundtrip Airfare, 5 Nights at San Diego at Embassy Suites San Diego Bay Downtown or Hilton Gardens Inn San Diego in Old Town San Diego. 8 meals including; 5 breakfasts and 3 dinners. Professional tour director, motor coach transportation, admissions & sightseeing per itinerary, hotel transfers, baggage handling at hotels. Tour highlights include: San Diego city tour, USS Midway Museum, San Diego Zoo, Coronado Island and more! Luggage handling, tax and tips on included meals.

Cost: \$3399.00/pp - Double
\$4299.00 - Single

Athens & The Greek Islands April 29, 2025

Tour includes - Roundtrip Airfare, 7 Night Hotel Accommodations, 10 meals including; 7 breakfasts and 3 dinners. Professional tour director, motor coach transportation, admissions & sightseeing per Itinerary, hotel transfers, baggage handling at hotels. tour highlights include: 3 nights in Athens, 2 nights in Mykonos, 2 nights in Santorini, tours of Acropolis and Parthenon, Santorini Winery visit and tasting, Greek Island Ferry Rides. Luggage handling, tax and tips on included meals.

Cost: \$4699.00/pp - Double
\$5774.00 - Single



Yellowstone & the Wild West September 12, 2025

Tour includes - Roundtrip Airfare, 6 Nights Accommodations, 9 Meals including; 6 breakfasts and 3 dinners. Professional tour director, motor coach transportation, admissions & sightseeing per itinerary, hotel transfers, baggage handling at hotels. Tour highlights include: Salt Lake City tour, Yellowstone National Park, Yellowstone Wildlife Safari, Old Faithful Geyser, Utah Olympic Park and much more! Luggage handling, tax and tips on included meals.

Cost: \$3975.00/pp - Double
\$5175.00 - Single

Rome & the Country Roads of Tuscany

November 4, 2025

Tour includes - Roundtrip Airfare, 7 Nights Hotel Accommodations, 10 meals; 7 breakfasts & 3 dinners. Professional Tour Director, Motor coach Transportation, Admissions & Sightseeing per Itinerary, Hotel Transfers, Baggage Handling at Hotels. Tour highlights include: Siena Walking Tour, Florence City Tour, Leaning Tower of Pisa, Rome City Tour, St. Peter's Basilica, Tuscany Winery Visit and Tasting.

Luggage Handling, Tax and Tips on Included Meals.

Cost: \$4199.00/pp - Double
\$4849.00 - Single

Visit the "Travel Board"
at the Center to get detailed flyers and
itineraries for all of the extended trips
that are available.



Extended Travel Provided by Premier World Discovery. All bookings will be completed through their company. For any questions please contact Katie at 248-682-9450.

June Birthdays

- | | | |
|---|---|--|
| 1– Harold Callahan James Evans Leonard Jewell Larry Mayse Mike Williams Stefanie Williams | 9– Phyllis Berryman Cynthia Collias Sharon Gard Steffie Hager Sherry Schell Stephen Watkins | 21– Deb Hartman Joyce Slack Mary VanGeison Todd Walker |
| 2– Patricia Cooper Linda Elliott Betty Keif Norm Kinnison Lynda Zechar | 10– Nancy Pfauth Patricia Stowell | 22– David Tallenger Jim Wischman |
| 3– Danya Moss David McManus Vicky Kleist | 11– Joann Cook Judith Ettinger Kim Stephens | 23– Carol Edwards Nenita Elpedes Bruce Emerson Renee Farrington Lori Jermalowicz Scott Lewis |
| 4– Nancy Evans Jacki Grogan Robert Snow Dennis Weber June Weyhing | 12– Carol Kasat Judy Kulczak Steve McCready Andrea Sheridan Betty Weiner | 24– Albert Erickson Daniel Shelton Betty Studnicki |
| 5– Sandra Bronik Rosalie Baize-Noell Sandra Crabb Sandra Drogmiller Steven Kuechle Dennis Potulsky | 13– Terri Fisher Lena Hefner Bonnie Kolinowski Donna Kowalski Thomas Pfauth Vera Sandage Paul Toporek | 25– Jerome Buraneck Judith Cawley Darrell Phelps Georgina Pietrzak Toshia Siwek Jenetta Taylor Sue Welker Estella Woods |
| 6– Barbara Derousse Robert Duschinske Arnold Jordan Bob Mann Deaonna Mills Pat Runyon Tim Slack Neal Smith | 14– Ann Iverson Stacey Ottolini Joanne Ries Delores Shelton Robin Wright | 26– Dana Beauvais Karen Fox Peter Hartung Judith LaFrinere Carole Pasha |
| 7– Chip Ashton Cindy Casey Donald Derby Marge Derousse Noella Dodson Gloria Eldred Marlene Giroux Fred Metz Olga Neff Susan Odle Art Perry Rosie Quackenbush Daryl Reppuhn Betty Stephens Patricia Tweedale | 15– Margaret Ales Charles Edwards Kathleen Klein Bill Nicholson Don Richmond Beverly Zink | 27– Sharon Grammer Sue Park Joe Walker |
| 8– Lois Coats Lawrence Emmert Hanne Forbing Maximina Gandarilla Marcia Karwas Emily Mecum Cornelia Sini Mary Tischer Dorie Vier Sylvia Zanger | 16– Ruth Bragg Leatha Brooks Logan Delmer Sue Moehlman Mary Shore Claudine Wallace | 28– Brenda Anderson Rita Marshall Jeffrey Mcdonald Marie Saukko |
| | 17– Kay Buchner Judith Carlson | 29– Shirley Foote Nedra Franz Sandra Guzman Patricia Johnson Janet Neighbors Patricia Smith Margaret Smith Roberta Taylor |
| | 18– Linda Bellinger Kathleen Charboneau Julia Giles-Davis Elenor Jones Sandra Jones Susan Regentin | 30– Camille Alawan Kurt Bachman Gus Kiriakides Stuart Magy Fay Youngquist |
| | 19– Margaret Bishop Peggy Griffin Susan Jenks Barbara Dagenais- Johnston Sandra Zelonis | |
| | 20– Diane Bertalan Margaret Carter Pat Gonzalez Mary Rood | |

July Birthdays

- 1- Constance Becker
Willi Behnkendorf
David Hartman
Darryl Smith
Kathryn Peddie
Pete Peters
Nancy Price
Sherri Rushman
- 3- Thomas Chaput
Robert Coats
Debbie Downs
Cindy Edwards
Raymond Frase
Susan Harroun
Daniel Kent
Marla Mckee
Carol Murray
Dana Reynolds
Carol Sposita
Alva Weninger
Cindy Winter
James Wojcik
- 4- Billie Beauchamp
Terry Clissold
Susan Grant
Thomas Hunt
Jean Lewis
Joanne Mccaslin
Carole McKeown
- 5- Cheryl Kushneseit
Neelam Sailopal
Carole Wollard
- 6- Kathyann Beard
John Callahan
Norman Lee II
William Meabon
Jill Stringer
Rebecca Swain
- 7- Dale Folsom
Fran King
Carla Kushion
Max Krumrey
Mary Metz
Gloria Stiel
Patricia Young
- 8- Frank Adkins
Dennis Lindgren
Bruce McInally
Thomas Morris Jr
- 9- Robert Harner
Lora McNaney
Al Smarch
- 10- James Adomitis
Arline Briney
Lynne Craycraft
Janet Holm
Ruby Jacobson
Dennis Redick
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Terry Kimler
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- 15- Michael Donnellon
Henry Hernandez
Thomas Kelly
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- 16- Mary Dean Harmon
Sandra Whitcomb
- 17- Gerry Burchard
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Fred Stephenson
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- 19- Mike Campo
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Jackie Smith
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James Woods
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Joseph Quail
Sandra Wood
- 26- Kathey Cleveland
Kelly Schneider
- 27- Jeri Jarrett
Betty Ann Knudson
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Bill Sturgeon
Toni Weddle
- 28- Rob Budd
Barbara Burns
Connie Davis
Cindy Donohoe
Beverly Keenan
Leland Needham
- 29- Rob Donohoe
Bill Maxfield
Curtis Overby
Pat Polidan
Dennis Swindell
- 30- Glen Clayton
Peggy Dupuis
Jan Junglas
Virginia Kleine
Ann Stone
- 31- Teresa Buccellato
Steven Chandler
Barbara Gabor
Sandra Greenacre
Mike Harris
Chuck Roller
Chris Shoemaker
Susan Tackett
Patricia Wheeler

On April 18 we gathered at Shark Club in their banquet room for a night of compassion, community, and giving. More than 150 people attended the event which was filled with fun music, delicious food and beverages, great prizes, and of course conversations and many laughs with friends.

More than \$20,000.00 was raised which will go a long way in contributing to quality programming and care for our community.

ENCORE Adult Day Services Fundraising Event

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Thank you to our friends at Waterfall Jewelers for their continued support of senior services and programs.

The diamond heart pendant specially created to benefit Encore Adult Day Services was a unique addition to our fundraising efforts.

Thank you to Mary Catherine Heaton for sharing her beautiful painting skills with us at the event and painting the "one of a kind" piece for the silent auction.



The Skee Brothers- Jim and TJ Shedlowsky

Thank You

Thank you Boomer and the Shark Club staff for setting up and taking such good care of us with delicious food and excellent service.

We appreciate our very talented musicians who entertained us in grand style!

The Skee Brothers - Jim and TJ Shedlowsky
With Jerry Ellis

Johnny Heaton

Benny's Hooligans

These groups all entertain in our Encore program and frequently donate their music to our group.

Thank you to our friend Mari Latozas for once again donating her photographic talents to capture the memories of our evening.

Thank you to the Waterford Senior Center staff and volunteers who went above and beyond to make this night a success.

Thank you to everyone who came out tonight to help us celebrate and raise awareness and funds to support the continued quality of our program in the community.

"There are only four kinds of people in the world; those who have been caregivers, those who are currently caregivers, those who will be caregivers, and those who will need a caregiver." — Rosalyn Carter

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August 21– Senior Citizen Day
September 28- Walk & Roll for Meals
October 11– Senior Expo
October 19– Craft Show
October 31– Halloween Hoe Down
November 11– Veterans Day Lunch
December 12– Holiday Party

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Adult Day Services Supervisor

Donielle Fidler

Nutrition & Auxiliary
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Amber Hoskins

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Independence Day
Thursday, July 4 - Friday, July 5
Labor Day
Monday, September 2



*The Waterford Senior Center
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